

**SOULIFY**  
Discover The Infinite

# CREATORS EXPRESS

Class 8B  
Tibetan Children's Village School  
Suja, Himachal Pradesh



## STORIES OF CHANGE

Heart warming stories  
based on real events.

## HOME SWEET HOME

Participants share glimpses  
of their beautiful homes.

## EXPERIENCE SHARING

Workshop experiences shared  
by our participants.





ਤੰਬੁਦ੍ਧ ਪ੍ਰਾਚੀਨ ਮਿਸ਼ਨ

## TIBETAN CHILDREN'S VILLAGE SCHOOL

School No. C-23009  
CBSE Aff. No. 630079

[An undertaking of Tibetan Children's Villages]

[Registered under the Societies Act, XXI of 1860]

Patron : HIS HOLINESS THE DALAI LAMA

**Suja, (Bir)**

P.O. Matroo- 175 032  
Distt. Mandi (H.P.) INDIA

### Note from school Principal

So happy to have you both in our school and bringing this wonderful SOULIFY program in our school. I have seen you very closely for some time to you and the students, got the impression they are enjoying and busy in exploring new learning all the way. I must congratulate your selfless volunteer service putting all your expertise in this program, be it a theater or storytelling through animation. Your efforts in bringing the best from each individual by giving them time and space is worth appreciating.

Thank you so much for adding new flavors in their learning and bringing more smile on this beautiful faces of my children. The Joy of learning only be expected by trusting the students and accepting them as your children and you have worked so hard winning most of their heart and soul. Please continue your good job of giving more to the others as we have a saying that your happiness multiply by dividing your good heart to other.

Hopefully you will continue your good work and we look forward to work with you in future.

Wishing you all the best for your future endeavors and TASHI DELEK

With regards

Karma Sherap Tharchin

Principal  
TCV Suja



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## **Story of Soulify**

Most of us over the years have learnt to ignore, mute and be indifferent to our soulful expressions either due to our fearful conditioning of surviving in what we have believed to be a competitive world. This is and will always be the cause of man's sorrow and darkness. It is our innate need to guide ourselves from darkness to light.

The journey from darkness to light, from the finite to the infinite begins only when we look 'In' - to the soul, to the Creator of infinite possibilities. Through our creative processes of writing, art, storytelling, theatre and animation, we facilitate our participants to discover their soul and their soulful expression which has always been the guiding beacon of their lives. We facilitate them to experience their life's story as the Creator and not the Victim by seeing and embracing their self in completeness – together with their strengths and limitations, and seeing their challenges as opportunities to evolve and grow.

The tagline 'Discover The Infinite' aptly describes the efforts of this novel venture. Change is an eternal romance between the creator (energy) and the creation (matter). We prefer to call it transformation. Through our workshops, our participants connect with the creator hidden within themselves and develop the power to transform their creations, starting with the self," says Siddharth.

Our aim is to encourage individuals to imagine, innovate and create and not become mere robots efficient at carrying out instructions. The focus is on the idea, the thought and the story waiting to be shared. Language, grammar, spelling, drawing techniques are secondary. Soulify's effort is to help people break their internal barriers and express their minds. In the words of Manjul Bharadwaj, noted theatre personality, creator of 'Theatre of Relevance (TOR)' and mentor, "Soulify - Discover The Infinite - is a wonderful initiative which makes the world better and humane by facilitating the artistic persona of individuals and groups through innovative and creative interventions!"

Siddharth and Smriti conceived and founded Soulify in December 2017, an effort to encourage individuals to empower themselves by identifying and connecting with the creator within. In a short span, they have reached out to children from various socio-economic backgrounds, homeschoolers and unschoolers, village children, orphans, teachers, parents of specially abled children, jail inmates and participants with diverse backgrounds wanting to explore and share their creativity. Their initiatives under the Soulify umbrella — Story Bus, Creators Envisioning Forum, I - Literature, Theatre of Relevance based self-awareness sessions, Nature & Awareness sessions and Storytellers Learning Centre have been designed to bring to life stories hidden in the minds of people.



## **Story of The Founders - Facilitators**

### ***Smriti Raj***

Smriti is a passionate, evolutionary, ardent Theatre of Relevance Practitioner and Initiator, currently writing, conceptualising, initiating theatre based modules at individual, institutional, Indian and international level while addressing the need to be humane and connect with life. She has been thriving as a TOR initiator since for the past 12 years with the intent to consistently initiate 'Process' oriented workshops where the participants act as a resource. With the heart, determination, and vision of an explorer, Smriti successfully initiated, organized and executed a 3-day theatre festival in New Delhi to celebrate the completion of 25 years of Theatre of Relevance. Understanding the process of creative envisioning, and encouraging the artists, youth, and children to empower themselves by nurturing from their own potential, surrounding, and family, Smriti has been evolving and learning through every initiative. From animation to performing in a play called Laadli (Population First campaign against sex-selective abortion) at NCPA, Smriti quotes this passion to spread awareness through artistic expression has and will always be her elixir.

### ***Siddharth Maskeri***

Siddharth Maskeri is a visionary, storyteller and mentor who is driven to spread happiness and togetherness through his thought-provoking, evolutionary, unifying and humanizing stories. Siddharth Maskeri made his debut to Indian Cinema with his story - Masti Express. After a decade of experience in the field of animation, in 2012, he was sponsored by the French Embassy to visit the acclaimed animation festival Annecy to share his stories with the international market. Enko The Eskimo – a kids' animated series co-produced with Emmy Nominated Writer Mike Blum has been under development with a leading broadcaster in the USA. The versatile creator and storyteller is also co-producing an animated series along with Toonz Media Group. He has directed interactive experiences for India's first interactive museum. He has designed characters for Get My Goat - a Dreamworks YouTube animated series. He has been a show creator for some of the leading animation companies in India. His most recent association as a Creative Director has been with the eminent producer of Indian cinema – Mr Bobby Bedi. Siddharth's journey as a storyteller and experience creator in museums has provided a new dimension to his thought process and body of work. His love for sharing the art of storytelling through animation has provided a healthy ground for students across several animation schools across India.



## Class 8B - 10 Day Workshop



# **Stories of Change**

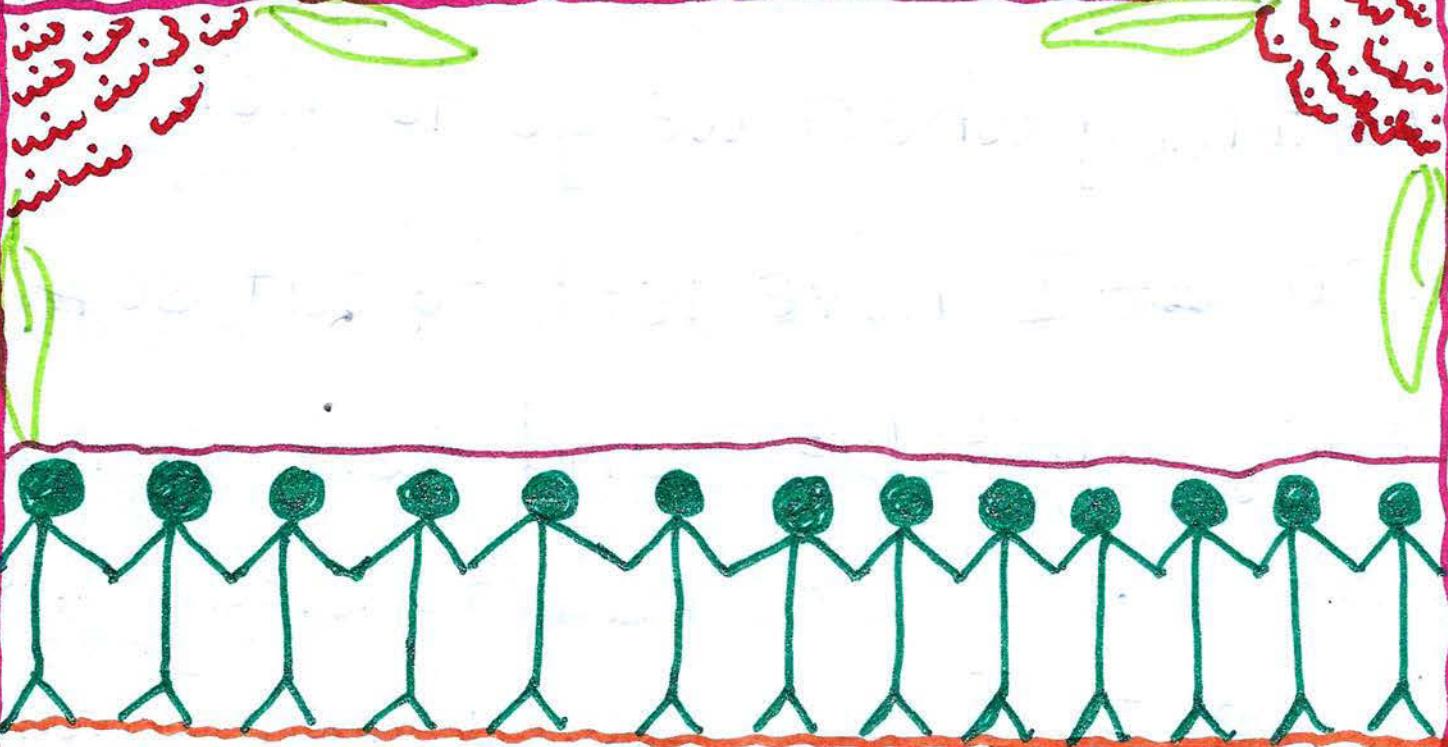
**Led by Our Dreams, Overcoming Our Limitations.**

**Our process began by understanding - Who Am I, What Are Our Dreams and What We Want Our World to Know Us For.**

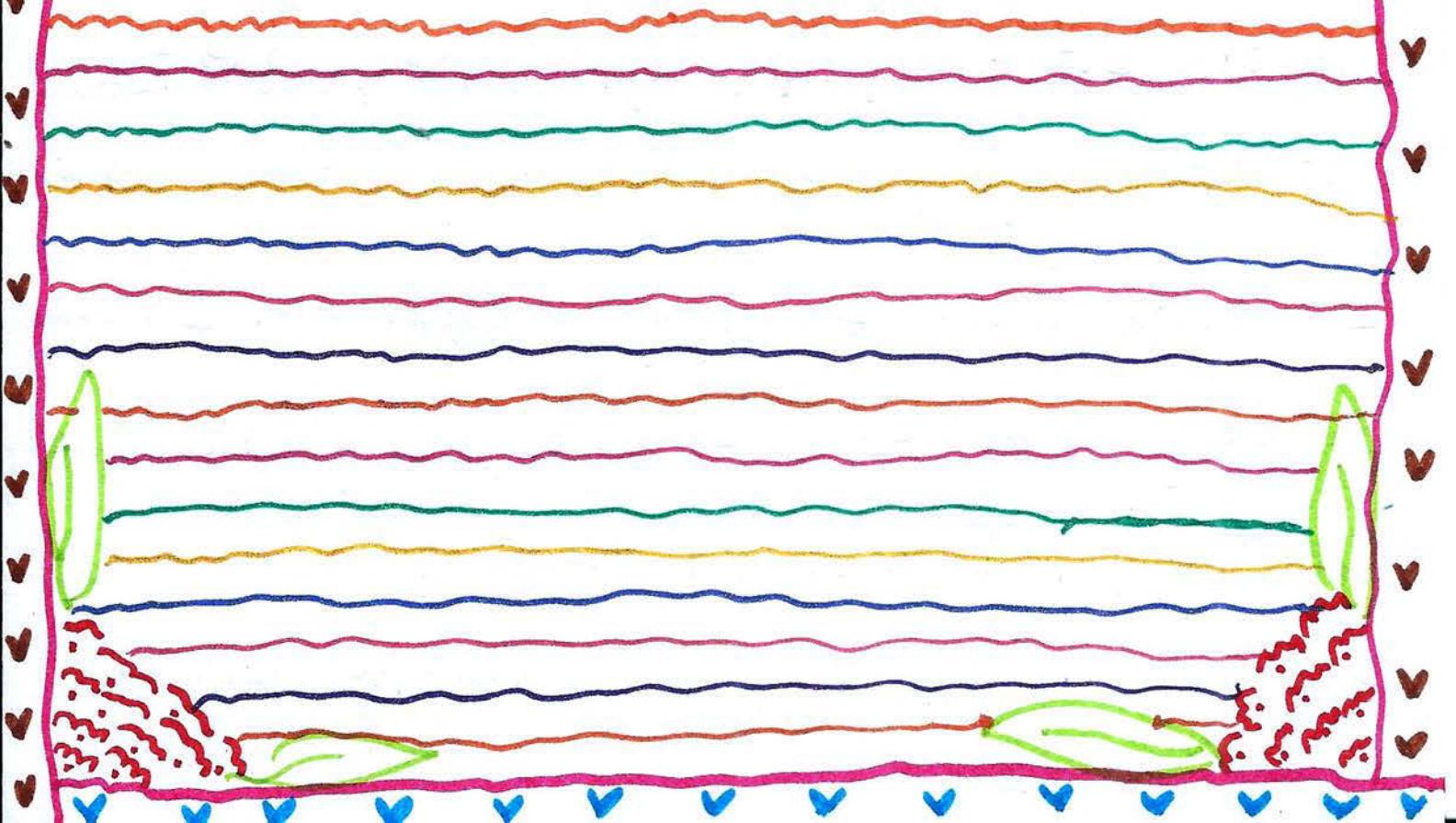
**The participants identified their strengths that will empower them to face the challenges to achieve and sustain their dream.**

**Later, they identified their limitations and thanked their limitations for gifting us with tough situations to overcome and evolve.**

**Read and enjoy our participants' stories of courage to overcome their limitation.**

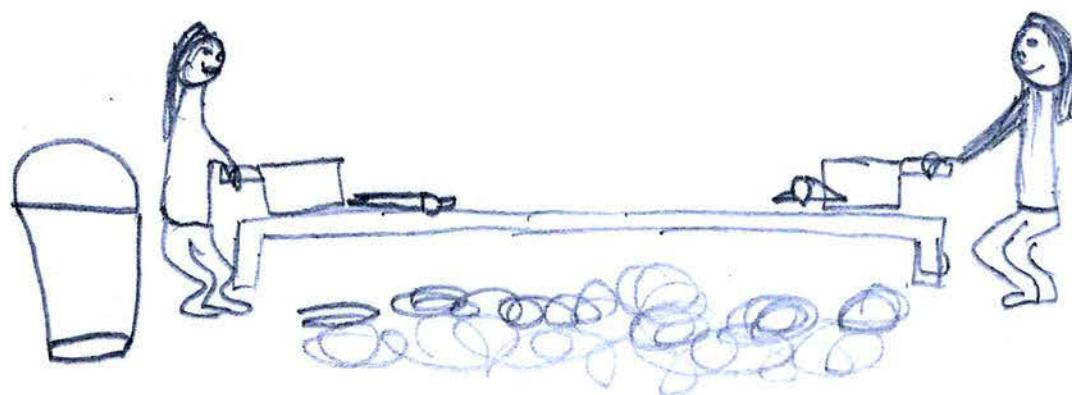


# COMPASSION



Yesterday when we go to home  
and ~~we~~ I have left to cut so many vegetable's and there is no time and I also have to clean the ground. So I was scared that I will be late to the class ~~but~~ and I also hadn't eat my food and that was after noon. And when I eat my food ~~my~~ and all the 8'B' students (girls) help me to cut the vegetable's and clean ~~it~~ it when I came from dinning to clean it. It was already clean and I was very shocked and happy. I thought that a mam and a sir came to tough us compassion is very good.

And when I saw the time there  
is 5 minutes left so we all ran to  
the class as we could. And at last I  
thought that if all the people's have  
compassion and think's about other,  
we can change the world in the  
better way. And I write this story  
because I got ~~feel~~ feeling's that  
touch my heart. So Thank You for  
reading my story.



**HERO**- We all

**STRENGTH**- Compassion, teamwork.

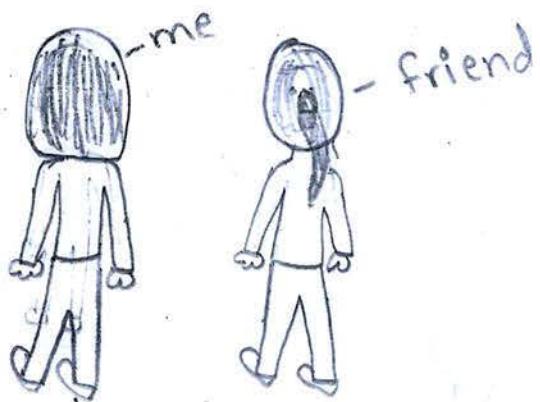
**LIMITATION**- Scaring to be late at class

**ENVIRONMENT**- Home 18

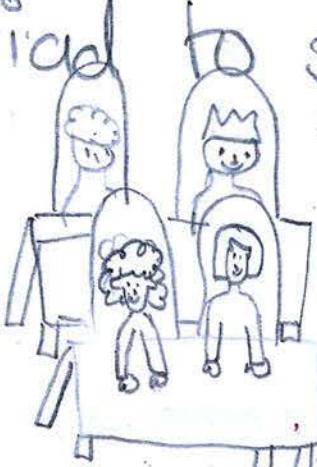
AT  
LAST  
I Got  
Strengths

By - Dawa Dolma  
In - 2019

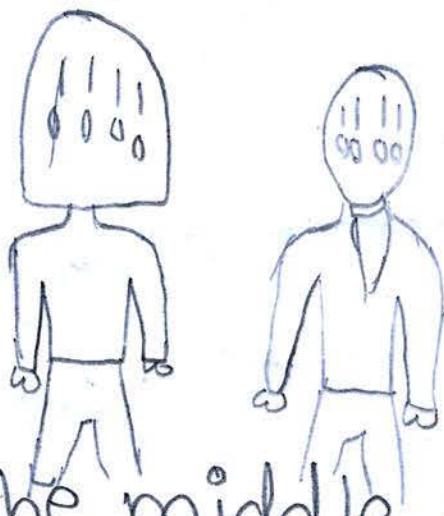
This is me and my friend and my class mates Story. In 2018 when me and my friend Thinley palmo are in one group in science project.



My science teacher called gen Tserap la. He told us to share our project. All of our classmate share it very nice but me and my friend was so afraid to stand.



And we two try to stand up but our legs was shivering. We got up and we take a long breath and share our project amoung the student



In the middle of this time I felt confident and I share it they all claps on me and my friend.

THANK

Thank You!

# Story RainBow

① Hero - Me and my friends

② Strengths - Confident

③ Limitations - Af

④ Dreams - To share project

⑤ Challenges - I have to share it.

⑥ Support - My classmates

⑦ Environment - In class

# CHANGE

wit  
common  
experi



ILLUSTRATOR = Dorjee Phuntsok

AUTHOR = Dorjee Phuntsok

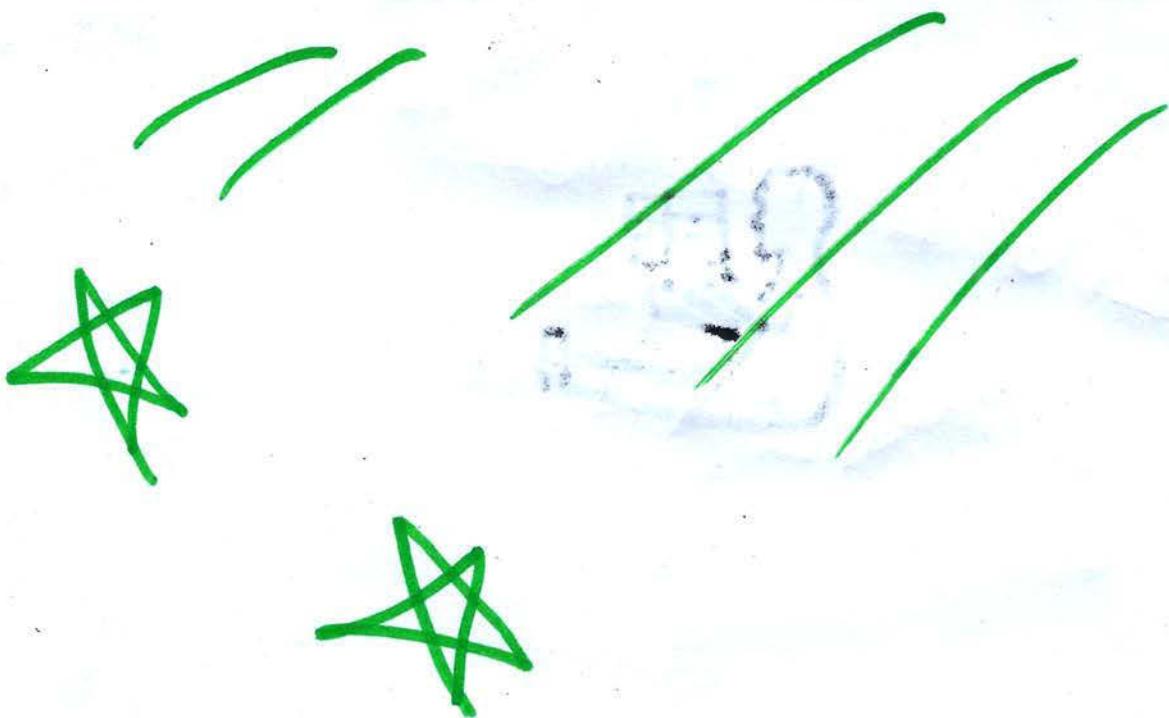


And he broke his challenge.  
Because of his hardworking.



① Hero - Dorjee

- ② Strengths - Hard work
- ③ Limitations - Not study.
- ④ Dreams - To Pass exam
- ⑤ Challenges - To common exam
- ⑥ Support - Teachers and parents
- ⑦ Environment - class



22<sup>nd</sup> Aug. 19

EQUALITY

## EQUALITY

TREATING ANOTHER PEOPLE EQUALLY IS  
VERY IMPORTANT.

Once upon a time there was a girl called kaltse. kaltse was a very sweet girl who studied at Suja School. Her parents were very far away so she went to her aunt's house for vacation.

When she arrived at her aunt's house she was excited. So one day her aunt went to work and she had to go

at her aunt's friend house. kaltse was nervous but she went to her aunt's friend house because she had nothing to do. When she arrived at her aunt's friend house her aunt's friend treated her badly and unequally. Her aunt's friend do better to her child and worse to kaltse. kaltse didn't much at first but her aunt's friend treated her so unequally that she cried a lot. kaltse was so helpless that time and she

was so sad. Then one day she take all her courage and tell her aunt's friend that she is treating unequally and she wanted to go at her aunts house. kaltse's ~~her~~ aunt's friend never thought that kaltse would speak her mind and she was left with open mouth.

kaltse pack her things and call her aunt and went to her aunts house.

The End

HARD WORKING

WILL

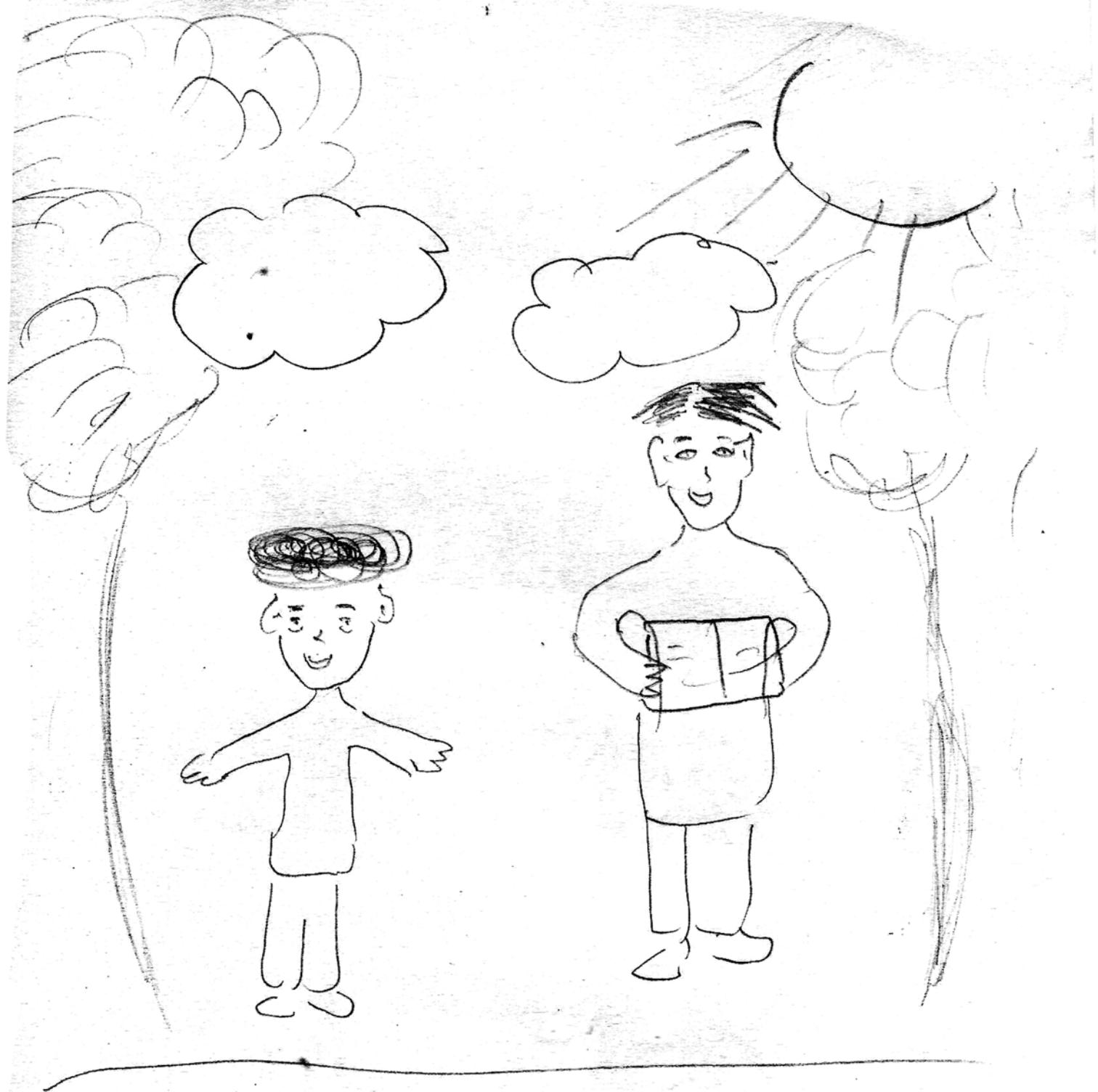
MAKE YOU A

BETTER

EDUCATION

Once when I am a child. I always play games and I didn't like studying in class. So, I get fail in most exam. Then later my father teach me so much that, I pass in class I. Then My father sent me to the India for study. so, when I first came to the TCV SUTA. I am in class II. So, my teacher teaches so many education to me.

then I get better and better in studying. now I can study much better than in childhood. because my parents are in Nepal and I am in India so, I study well in this TCV SUTA SCHOOL.



SATISFACTION  
OF  
WINNING





When Karma Shonphen doesn't know his talent he just a simple student. Who doesn't do any sport. He is not good in anything.



During free period high jumping place in the hall.



And then he started working hard as he can  
but he is very shy to be in public so he  
always practise when everybody so he  
kind of stupid. So then he get selected  
in high jump. So ~~he~~ he made a  
record also getting the first prize

THANK  
YOU!

NAME = Karma Sherphen

## Story rainbow

Hero = Shepham

Strength = Leg's muscle - physical

- Hard work - Emotional
- Intellectual - positive

Limitation =

Dream = nothing Dream was to come first

Challenger = public audience

Support - family etc

Environment - sofa (football ground)

# When I was

## 3 - 4 years of age

### around

Hero → Kasi Pangge

Strength →

Limitation → Thinking

Dream → To famous

challenge → To life problem

Support → my sis and grandma

Environment → In home

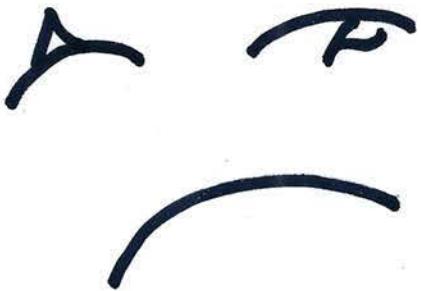


by Kasi Pangge  
T.C.V Suja

## Summary :

Today I am share you a what was happened with I was 3 or 4 years around. When I was 3 or 4 years of age my father was dead. I am not see my ~~face~~ father's face but I knew about of my father. Because of my uncle that told me whole story. That time I got lots of problem. My grandma and my sister looking after me. And I didn't get any chance of study time. And my mother married again, when to other place. I was stayed with my grandma and my loving sister called Sipi Pangge Dorjee. Then she got married and change my life like a peacefully life forever ever.

My sister gave me good education and  
sent to me good school which is the  
most famous school in the Himachal  
Pradesh.



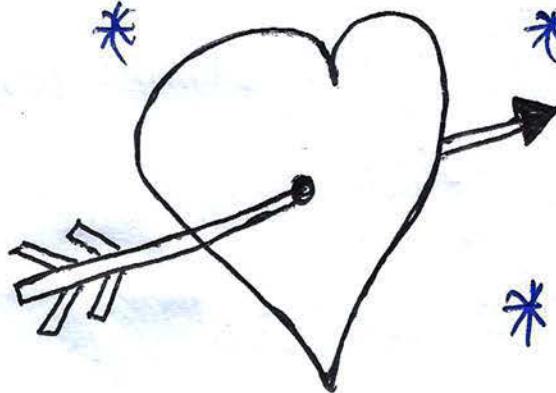
# THANK



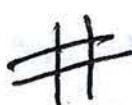
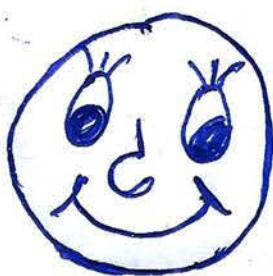




|| **M** ||



|| **BEST** ||



|| **Day** ||

Author By:

dobsang Tsokphel



\* \* \* \* \* \* \* \* \*  
The first time when I smoke. One day

I feel bad and I found one bad friend  
and we two went to smoke and but  
luckly my father have saw me when

I am smoking I feel afraid and

he bit me very hard and he gave  
lots of advise. At the time I have

things in positive and I have change  
to make a good person. I have tried

to make myself as good person with  
help of my dearest father Tsering

Wanchuk. Then after few days

I became a good person and my  
father love more for me.

\* \* \* \* \* \* \* \* \*



- \* Hero = Me Cobsang \*
- \* Strengths = helping. \*
- \* Limitation = Thinking. \*
- \* Dream = Be a good person. \*
- \* Challenges = to run from bad things.
- \* Support = father. \*
- \* Environment = Near my home. \*

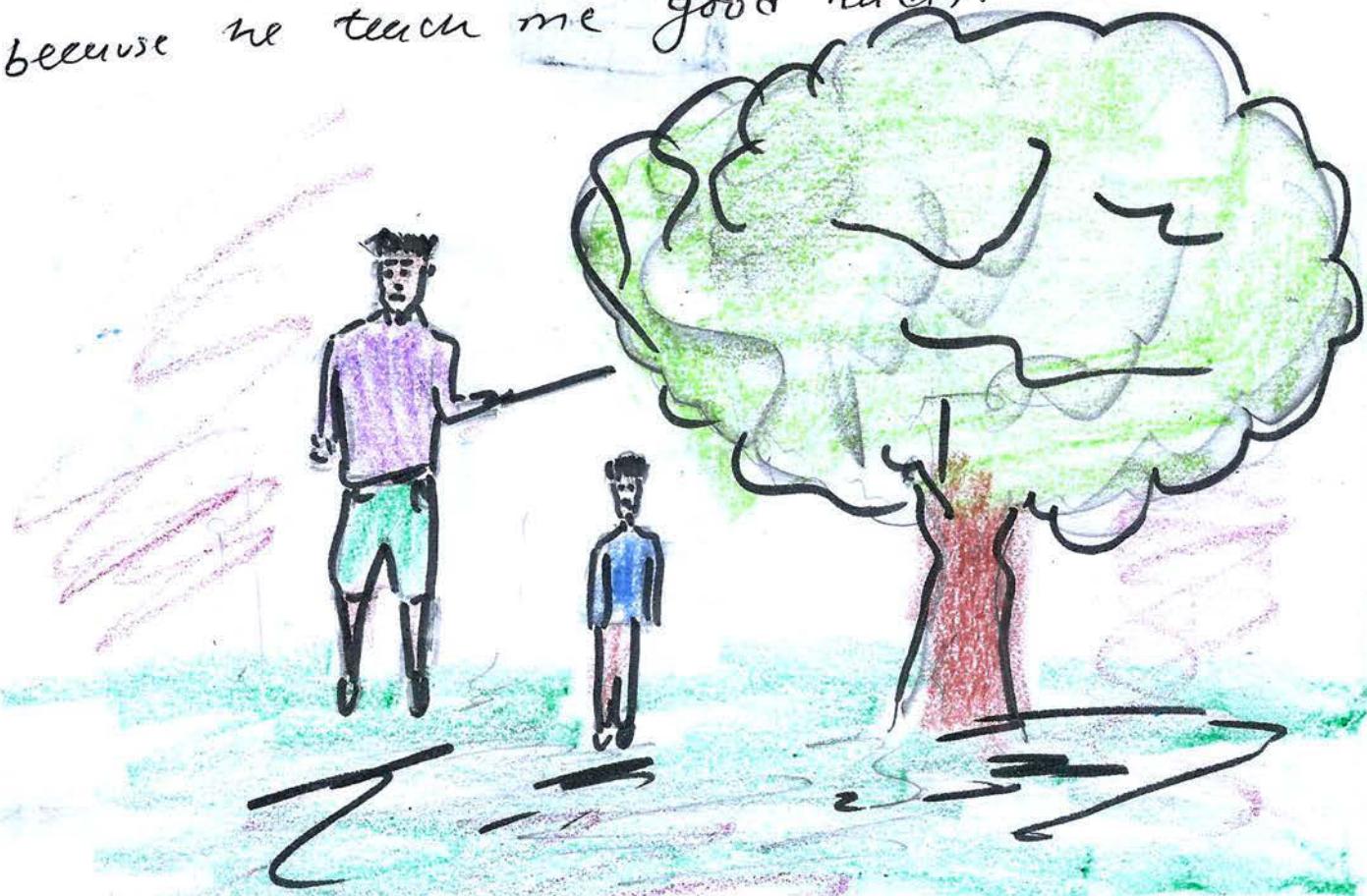


This is  
a story book  
written by

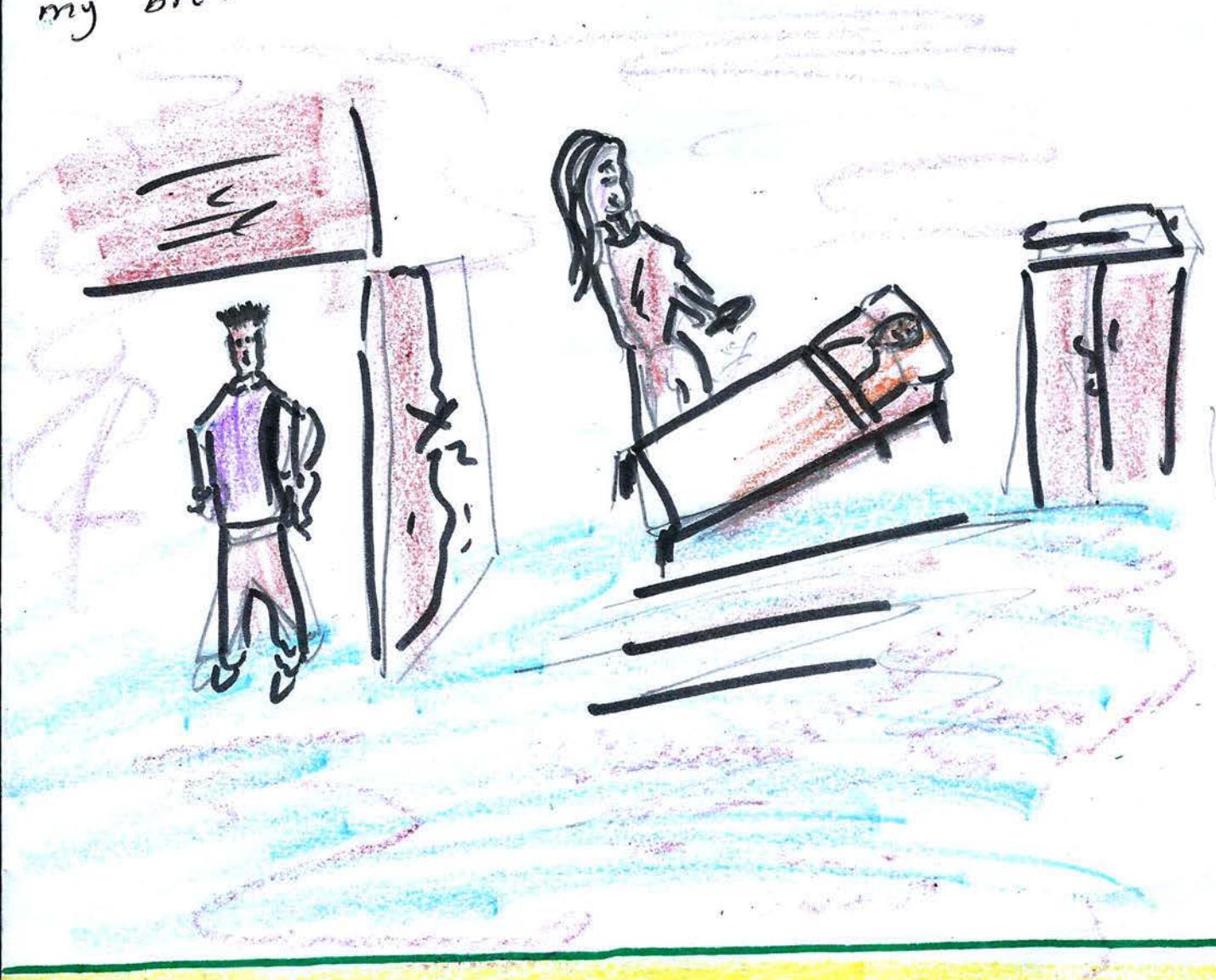
I Am Small

By : MITHUN KUMAR.  
: 2019.

when I am small my father told me that  
you have go to school and learn how to respect  
others and my mother usually told me that don't  
fight with others and not used bad words.  
one day. when my younger brother and I was  
playing in our home suddenly he pushed me  
then I said him bad words than he bit me  
But I can't said that he was bad person  
because he teach me good habit.



And one night my brother and I was playing  
in hurv rain than next day I got very  
high fever and my all the family was very afraid  
and my brother went <sup>shall</sup> ~~1~~ day for ~~not~~ medicem  
that time ~~of~~ I thought that my brother is the  
one who love me and Todays I live with  
my brothe in very big house and my familie.



## STORY X RAINBOW

- ① HERO : my younger brother.
- ② STRENGTH : I have my brother.
- ③ LIMITATIONS : I can't understand my brother's love.
- ④ Dreams : live with my brother.
- ⑤ Challenges : I got very big problems.
- ⑥ Support : my younger brother - father, mother.
- ⑦ Environment : AT my home.

THE

PROBLEM

THAT

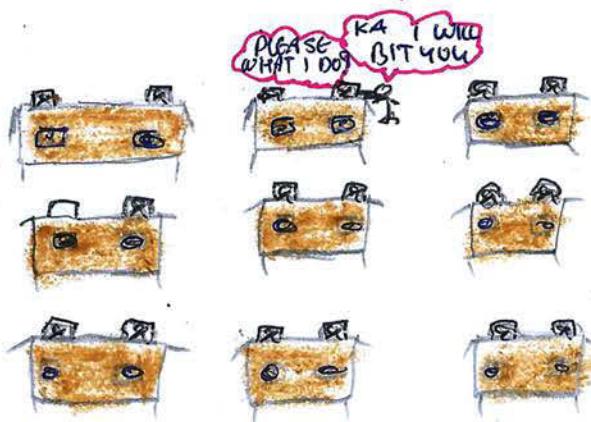
I

SOLVE

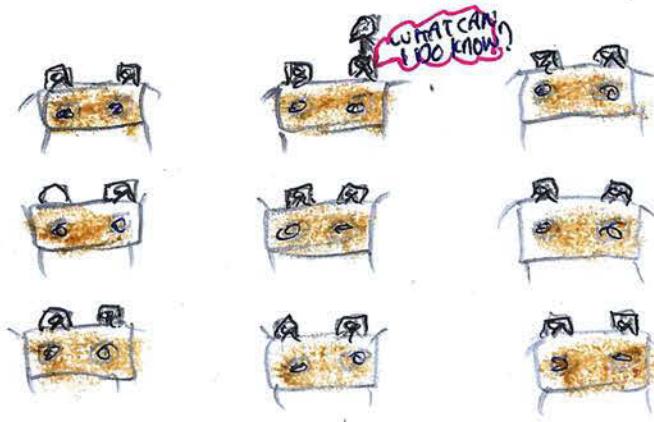
HERO OF THE STORY IS - NAMDAIC  
VILLAIN OF THE STORY IS - TSERING

By - Dickey  
Wamo

THE FIRST DAY WHEN HE IS TEACING ME. IN THE CLASS WHEN THERE IS NO TEACHER.



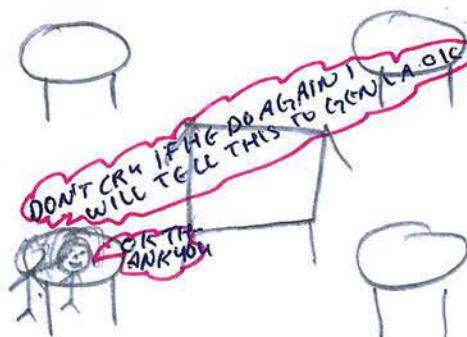
THE SECOND DAY WHEN HE AGAIN TEACING ME AND I AM UPSAD



IN THE PEACE GARDEN WHEN I AM THINKING ABOUT THAT.



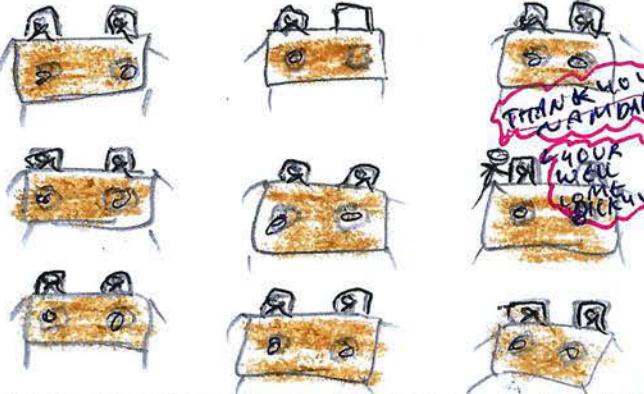
NAMDAK TELL TO DICKY THAT



NAMDAK TELL THIS TO GEN LA AND GEN LA CALLED TSERING TO PEACE GAR DEN



TODAY DICKY IS VERY HAPPY BECAUSE TSERING IS NO TEACING AND SHE GO TO



HERO - NAMDAK

STRENGTH - AFAIRD

LIMITITION - AFAIRD

DREAMS - TO TEASERIE TSERING BACK

CHALLENGES - TSERING,

SUPPORT - NAMDAK / GEN LA

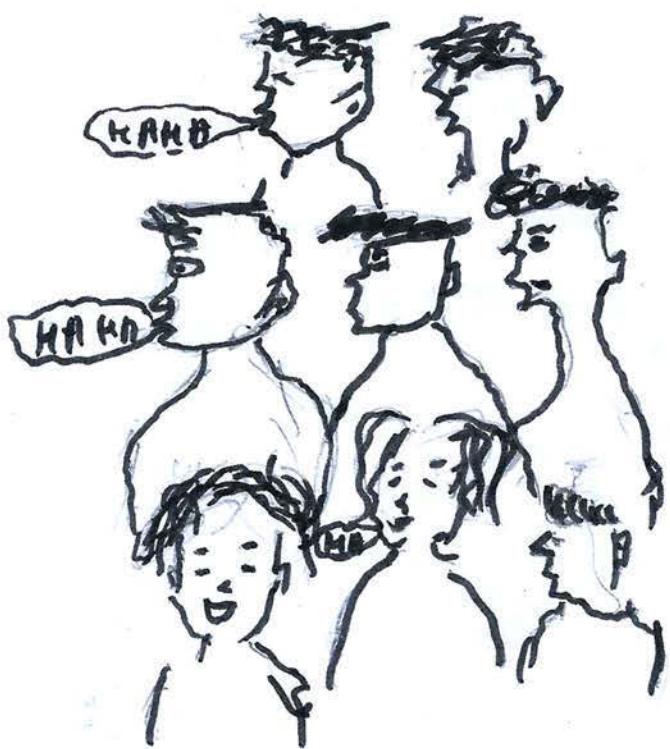
ENVIRONMENT - CLASS / PEACE  
GARDEN

# HOW I GOT MY NICK NAME?

ABOUT  
ILLUSTRATOR  
AND  
ABOUT  
AUTHOR

NGAWANG  
PHUNCHOK  
CLASS VIII 'B'  
T.C.V. School  
SUJA N.R.JR

# MY STORY DRAWING



THIS is the story when I was class 2<sup>nd</sup>  
in junior section of this school T.C.V Suja.

One day. I went to my class. I study.

One period, second period went. Then we have a  
break. After break we had Tibetan <sup>period.</sup> ~~story~~.

At Tibetan period our tibetan teacher said  
us to read the story of the elephant and  
rat in tibetan language. When my time had  
come to read the story I went to read. I  
read the story but my voice are not clear  
that on rat place I spell another voice because  
my voice is not clear. And from that  
day every one called me rat and they  
are still calling me. So how I got my nickname.

HOW I  
GOT MY  
NICK  
NAME?

HERO - NGAWANG  
PHUNCHOK  
STRENGTH - Reading  
Limitations - shy  
Dreams - speak  
Challenges - speak against  
Support - Teacher  
Environment - class

THANK  
YOU

About my first  
life

In 2012.

Author - Passang Lhamo

Illustrated - Passang Lhamo

Publisher - Passang Lhamo

Once upon a time there was one girl who lived in village. Her name is

PASSANG LHAMO. She is 7 years old. At that time her mom lived in Dubai and her dad lived in KTM. Her little brother lived in another village. There was her dad's mom and dad. She lived with her grandmom and Granddad. She was very sick at that time. She didn't get up from bed. Then her village people said that her last life so they

come to meet her. She want to meet her dad, mom, brother and her dad's family but they didn't <sup>came</sup> to meet her.

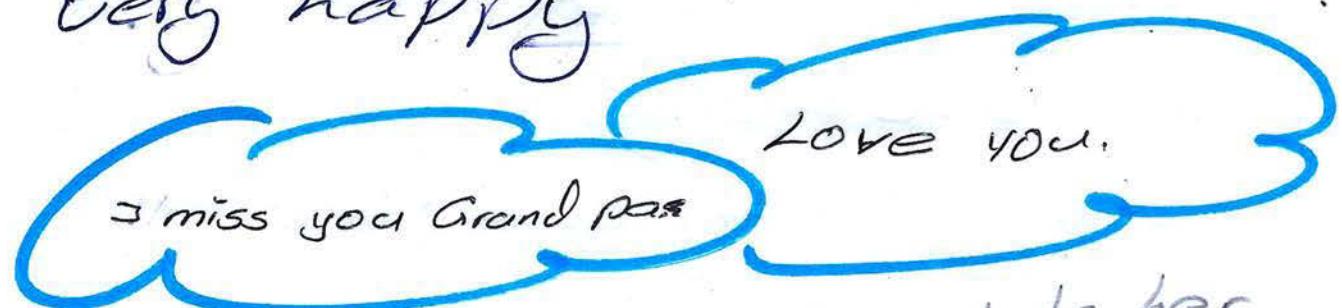
She was always wait for them.

Then after 11 month she was get up from her bed and she talk with other that times she want to eat check in then her grandpa

gave her. She was very happy after some times letter her dad and brother come to meet her but she didn't know who was they and her grandpa told about her dad and brother then she was crying why you ~~too~~ didn't help when I was sickness she said.

Then her dad take her in her village. Now she was well and study hard.

Now god gave her  
Second life. She was  
very happy

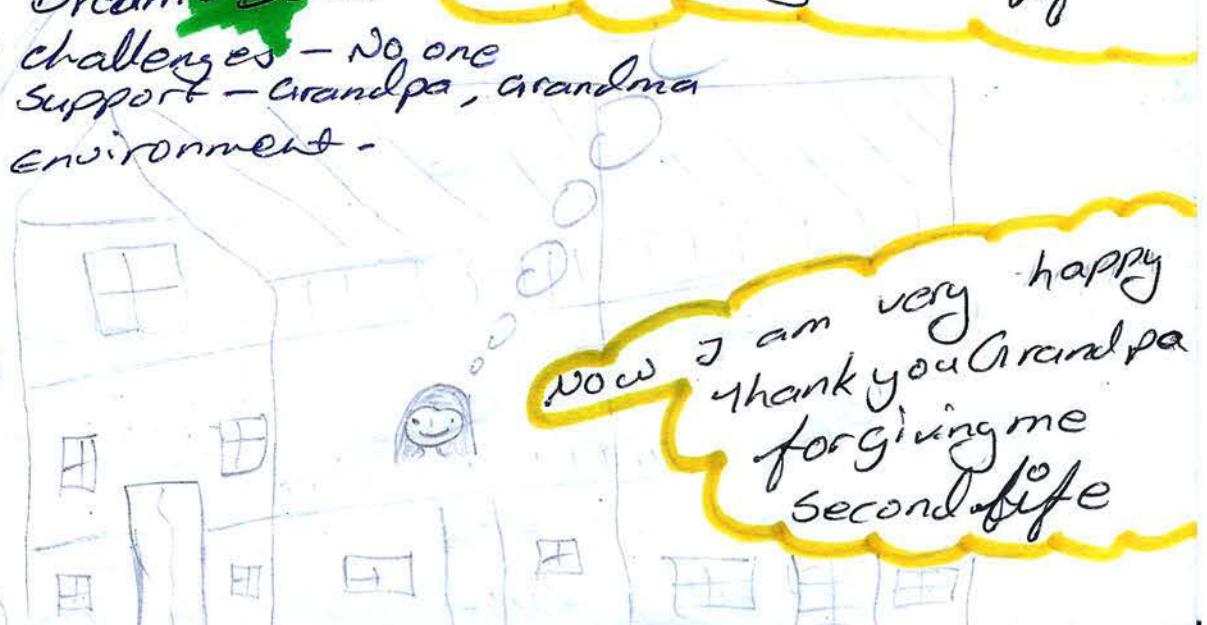


Because her Grand pa help her  
to well.



- ① Hero - Boss me
- ② Strengths -
- ③ Limitation - Sad
- ④ Dream - Doctor
- ⑤ challenges - No one
- ⑥ Support - Grandpa, grandma
- ⑦ Environment -

I miss you grand-  
pa. Now I am very  
happy <sup>in</sup> this life



Now I am very happy  
thank you Grandpa  
forgiving me  
second life

Hero

\$ Title -

Another -

Pema Choedon

Illustrated - Pema Choedon

When I was 9-10

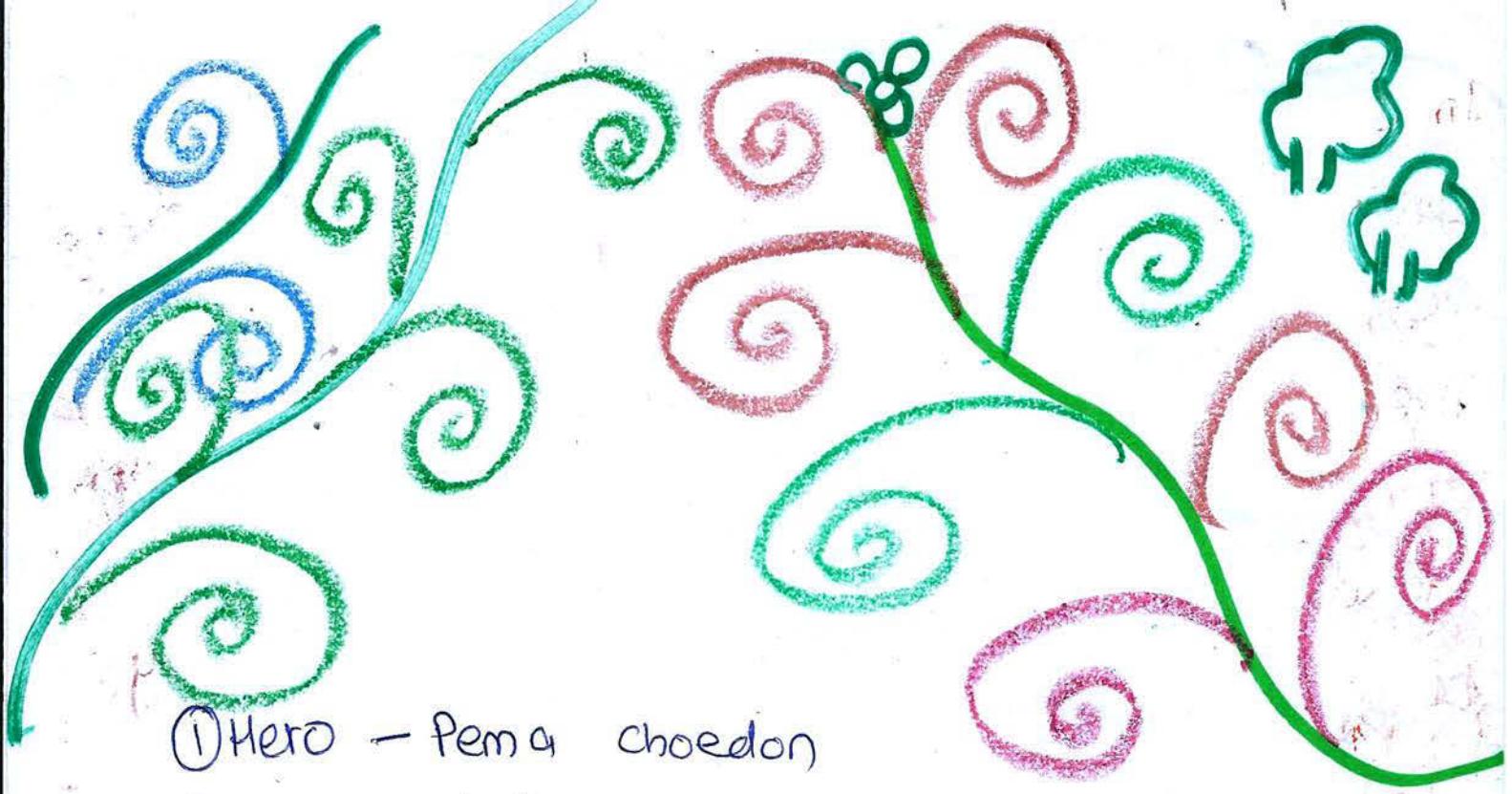
Years around

Once upon a time, there was 2 girls and 2

boys. The 2 girls very honest and This 4 boys and  
girls very happily to each other. He or she always  
went to school. One day the 2 boys with not come  
to school. The girls to be afraid to teacher. She  
take to be teacher today two boys is not come  
to school. Teacher teach us and two boys and  
outside the door. Teacher talk to many question  
and the two boys are toilet in mideed. The boys  
are very danger. Next day the girls went to at  
home. And my mother ask to question first doing  
do you have homework. He say No! Two girls  
helping his mother. The mother was very glad.  
The mother always to advice to him. My mother  
alwey my led studies hard and other before  
self and helping to poor person and teach

when I was 9 and 10 years in my school. We are played with each other. And happily to my friend. Then we are always played to peace garden. In garden we are sing a song, dance to my friend. Some time we are reading a story. I always proud to myself because in this school report is famous and I am running good in playing.





① Hero - Pema choeden

② Strengths - tolerance

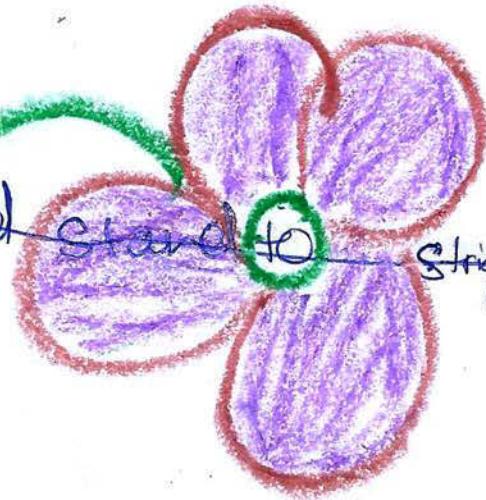
③ Limitations - ~~stop~~ football

④ Dreams - Nurse

⑤ Challenges ~~playing and~~ <sup>No</sup> stand to strictes

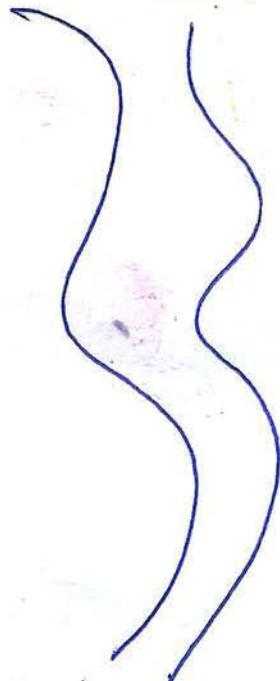
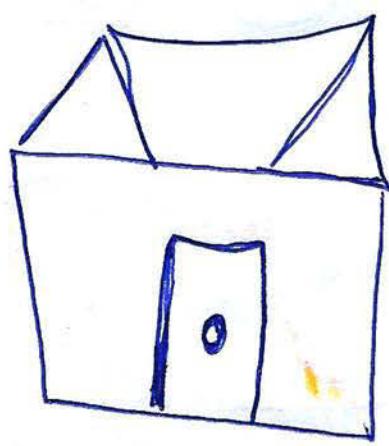
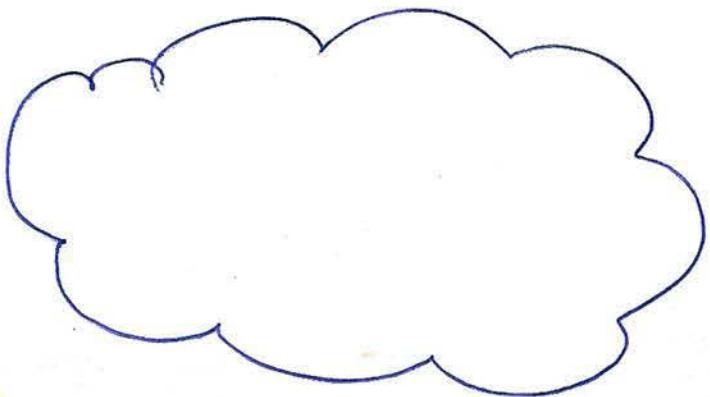
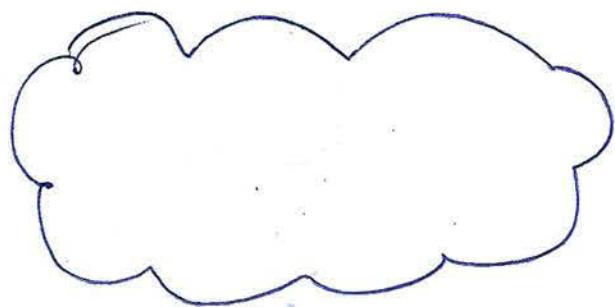
⑥ Support - Parents

⑦ Environment - Class



THANK YOU  
So  
much.

SEPERAT  
WITH  
FATHER



Once upon a time there was a small family. They all didn't like each other because of father. As father is not a good man.

But one day the girl who was tired to listening their conversation between father and mother.

All the family so tired they two separate each other and all the children stay with their mother and father went alone. From that day that family become happy family and there all happiness come again.

As the mother take another father.

All the children they all love their step father very much.

Father - Pema Bhando.

Title - Separation between father with

- ① Hero - Plotter.
- ② Strength - Confident.
- ③ Limitations - Strong
- ④ Dream = ~~problem~~ successful.
- ⑤ Challenges = Problem
- ⑥ Support = family.
- ⑦ Environment = city.



ABOUT

# Sangrab

navy





100

650000000

100



Once there was a boy called Sangay Rabbyal.

He was called as a Sangrab because it is his shortest name. He always used to think and see ~~books~~ movie about navy and it is also his future. But his ~~parents~~ parents refused to go be and he never give up. He also read so many books about the Naval. His friends help him to reach the goal. His parents daddy says that your aim or your dream is so high and you can't do and you can't reach but Sangrab is very hard work and he had done for his future dream.

# STORY RAINBOW

① Haro - Sangrabs

② Struggles - Hardwork

③ Limitations - No limitations

④ Dreams - To become Navy

⑤ Challenges - Parents

⑥ Support - Friends

⑦ Environment - Home and school.

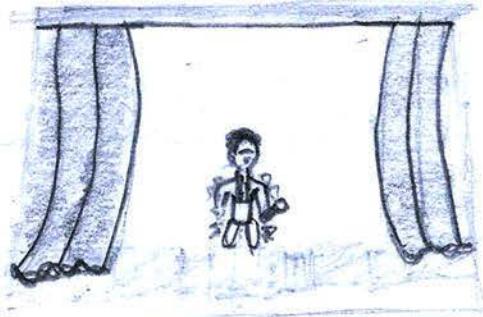
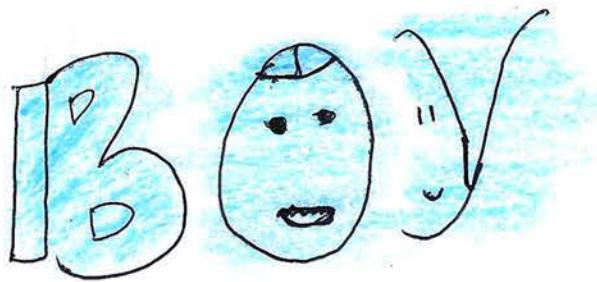


SANGYE



THE

SHYFUL



Once upon a time there was a boy named Sangye. He was always a shyful ~~boy~~ boy. During childhood time, it was his turn to sing a song on the school assembly.

But the boy, didn't give up and went on the stage to sing. He was so shy and scared, his face was red as pale. He started

singing at last when the song  
was finished, everyone clapped  
and cheer for him. He was so  
happy and became popular at  
school by his voice. From  
then on he was known by  
everyone. Finally his mom was proud.

THANK YOU!

**Hero** - Sangye

**Strength** - To try his best.

**limitation** - very shyful.

**Dream** - To sing a song

**Challenge** - To stand against

**Support** - Mother.

**Environment** - at Junior section hall

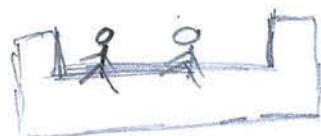
AUTHOR Sonam GOMEZ

# THE CHOICE

THAT

ALL

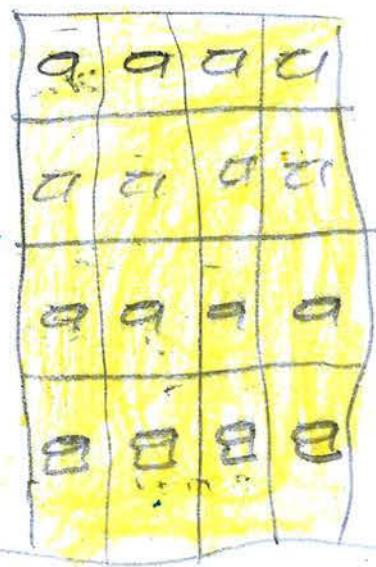
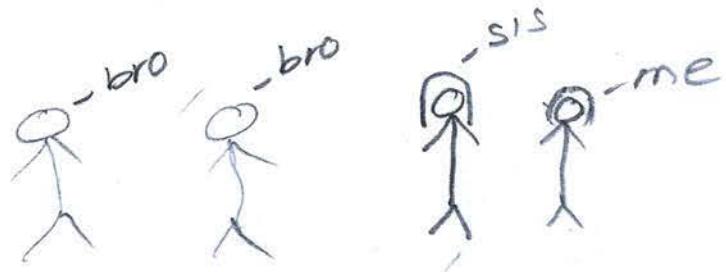
HAVE



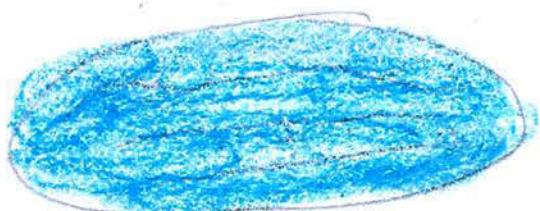
## CHAPTER = 1

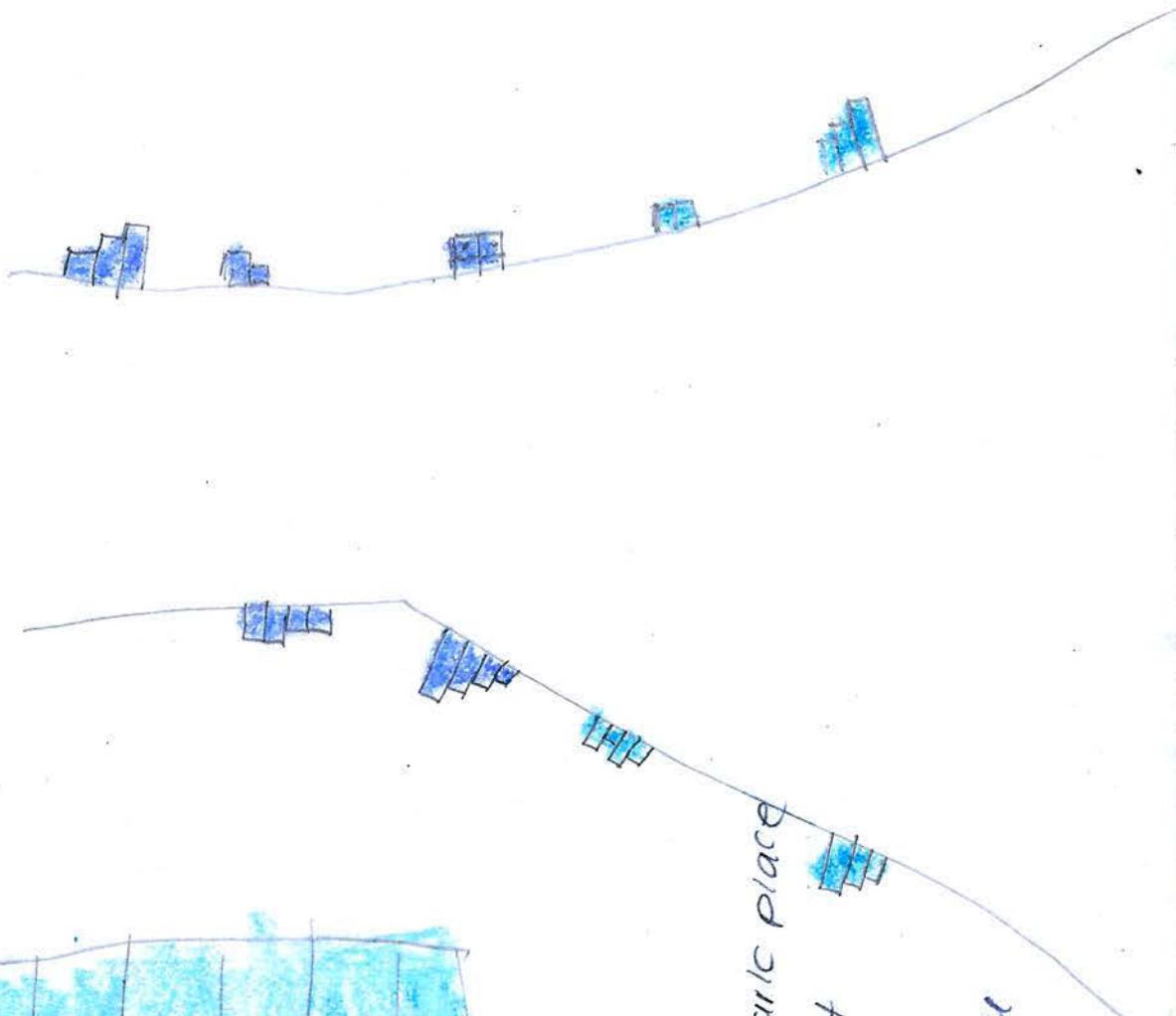
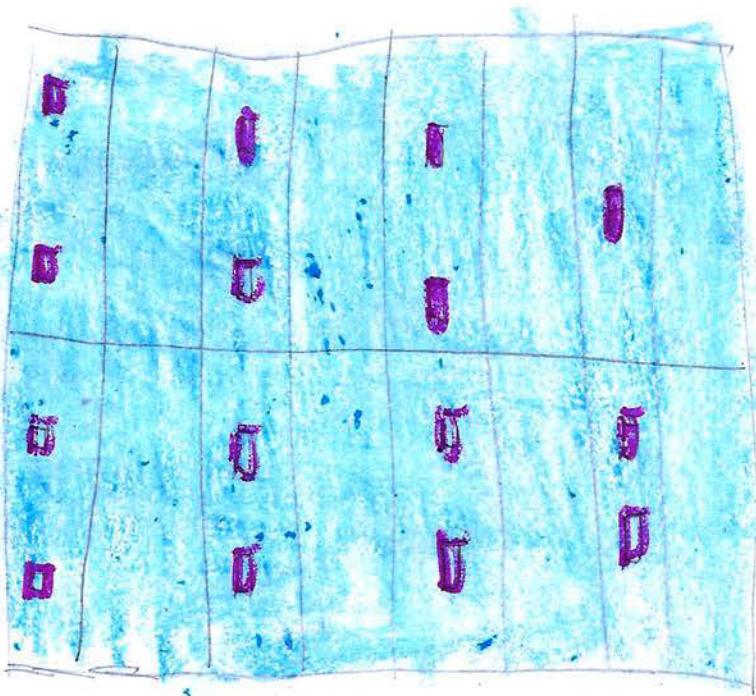
In 2018 when I went to winter holiday with my brother and sister we all went to a family trip in Chandigarh. One day we went to mall that have 4 floor. we all buy clother and things and in the down floor I went to see something like sport shoe and without any elders I was afraid of left so I went from stair and when my brother told me to come up so I was running suddenly I was push to the left and my heart shake when my saw me under the left he call me in my phone and told me not to afraid but I was afraid so my eye was full of tears and when I came up I was feeling dizzy and my body were shaking like I have gone in the fire. So from that time I didn't go to left.

# MALL OF CHANDIGARH



I ❤ CHANDIGARH





Hero = Sonam  
Strength = to run  
Curiosity = In the dark place  
Dreams = Search  
Challenge = to fight  
Support = her so  
Environment = the mall

STRUGGLE  
during the  
WINTER.

AUTHER = TEN-SOUMA  
ILLUSTRATER = TEN-SOUMA.

Once when I was ten or twelve years old during the winter, almost one or two foot of snow was fallen down and it's very hard to wash the clothes because the water was very cold as ice. So from the beginning of the day my elder sister decided to wash the cloth out of the door. Then me and my sister packed the things that need to wash and went out to wash. When we reach near the tap water we started to fire and make the water hot to wash the cloth. While we start to wash suddenly a big storm came and fall down. the water that we have made hot. So there doesn't have a single matchstick to burn the fire to hot time water again. At that time I thought if I doesn't do anything than what will happen of us. I also imaged little bit and said to my sister that 'I will go home and bring you.

mitchstick and also another that what we  
need. The way ~~to~~ home was very difficult  
because there have full of snow and it's very  
hard to walk on the snow. I never give  
up and did it well. At last we all are happy  
because we have done our wish.

Hero = Myself.

Strengths - Confident.

Limitations → walking.

Dream. To full fill the sister wish.

Challenges = to my self

Support - my thought.

Environment → Place where  
full of show.



TOUGH

CHALLENGE

OF

My

LIFE

Once upon a time there was a girl called Tenzin Chuedon. Her mother didn't let her to read story book that are thick and not colourful. So at first when she went to school her teacher told to write a Summary on a story that she reads but She write very short summary. She saw her class mate reading ~~think~~ thick books and non-colourful story books. And she also saw that they are very enjoy.

So when she go to the Library and borrow a thick book so she was not

interested in book. So one day she saw a book called Tom's Gate. And she flipped the book. It was thick and not colourful. But it is full of sketch. ~~and~~ So she get interested in the book. So for the first time start to read the story book and she thought she finish the story. As she said it happened.



Hero of The Story Is

Me-Tenzin Choedon.

Illustrater = Tenzin Choedon

Auhter = Tenzin Choedon

STRENG~~I~~TH = Reading

Limitation = Not reading good

Dreams = To read more story

Challenge = Bore

Support = Friend

Environment = Suja

~~Good at reading~~



# MY CHILDHOOD STORY



AUTHOR - TENZIN DORJEE

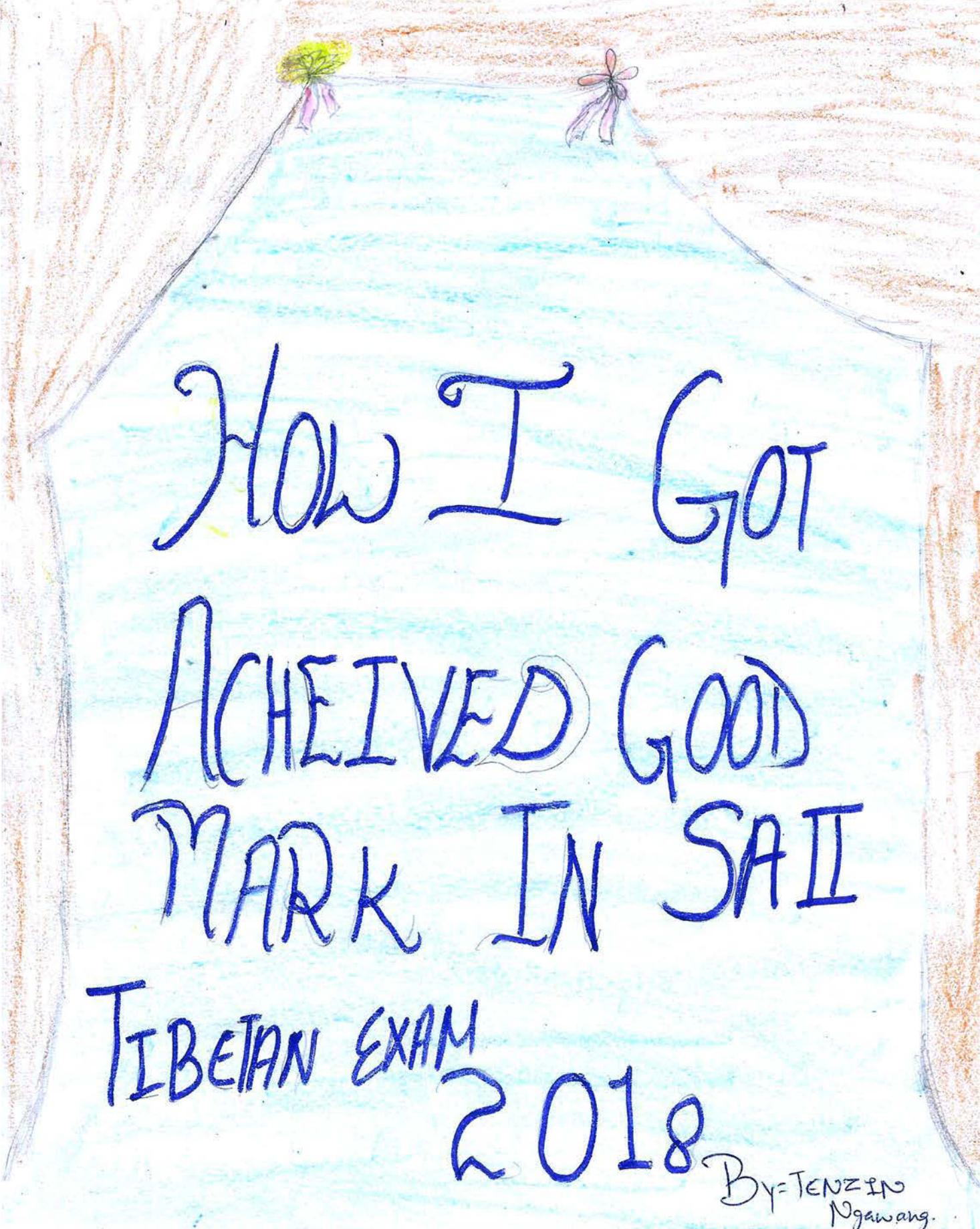
Once ~~when~~ I am a child. ~~were~~ I used to play all the times with my friends. One day we play and I went to the higher place which is near to our home. so, suddenly, I get fell down from ~~the~~ the place and been broken my hand. so, I have been gone to hospital for check the hand.

THANK YOU



- ① Hero - Pen-Dorjee
- ② Dreams - To become an banker
- ③ Challenges - to become an good banker
- ④ support - an banker
- ⑤ environment - bank

THANK YOU!



How I Got  
Achieved Good  
Mark In SAII

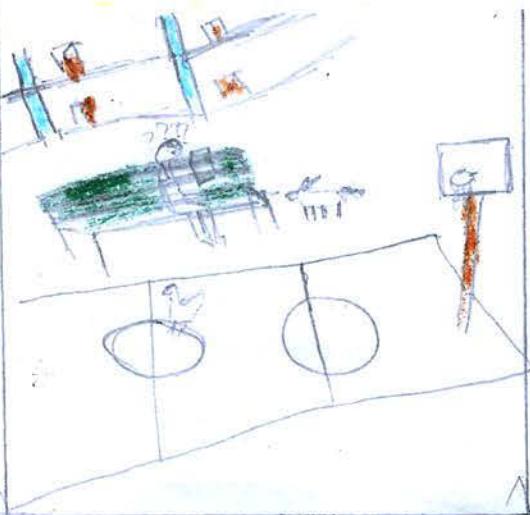
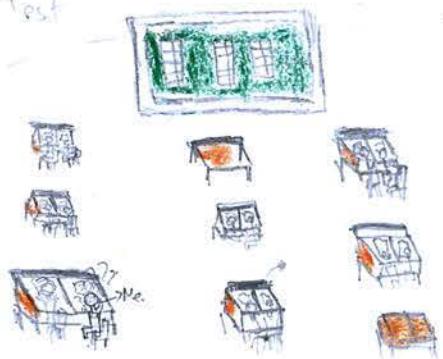
TIBETAN EXAM

2018

By Tenzin  
Ngawang

2018, SAI During Tibetan

test



After exam



During Tibetan exam of 2018 SA II  
Most of the student are writing and focus of the exam only I could not concentrate on exam and It was very difficult exam for me and I was poor in Tibetan.

After the Tibetan I took my exam sheet and sit on a bench giving focus of the sheet as student near me is chatting about the exam as I felt very upset and I felt myself fail in Tibetan.

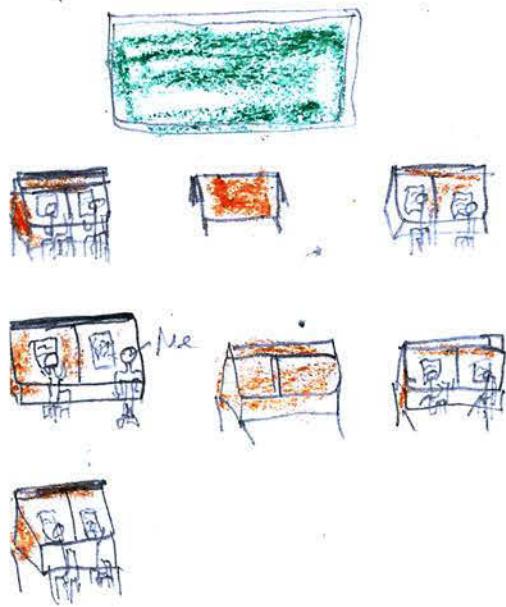
After the exam our Tibetan teacher was giving answer sheet and most of the student got great marks only I was fail in exam as I only got 17 marks out of 80 marks and some student also fail too. and so many student laugh and tell support me on exam. I have also been scolded.

So from then I start focusing and work and often Tibetan from that day I start getting better on Tibetan.

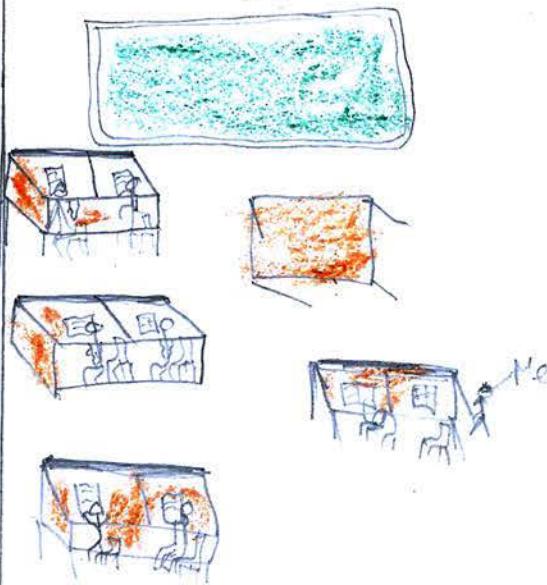
So many of the test occurs and in none of them I got failed nor score poor marks instead I was in topper of my class FB in 2018.

So the SA II start exam start during exam I learn hard so when the Tibetan exam start I write it easily and in SA II I got 49 out of 80 marks.

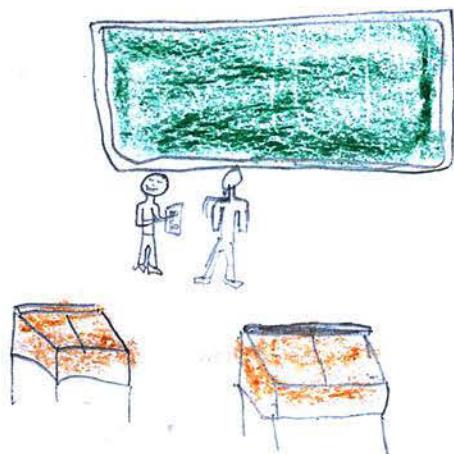
English test



Last Chinese Test



After Exam



- 1) HERO-TENZIN NGAWANG
- 2) STRENGTH-HARD WORK  
Never give up
- 3) LIMITATION-Poor in Tibetan Subject
- 4) DREAMS-To get pas in Tibetan.
- 5) CHALLENGES-Tibetan Exam.
- 6) Support-My Parents-Mom-Ngawang Dolma
- 7) Environment-Class.

Story

of

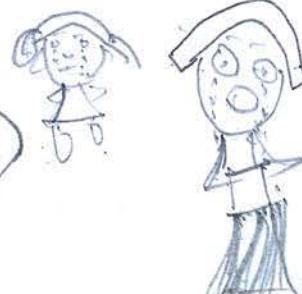
My Life

many year before my friends we took fire  
wood far from my home at jungle, we are  
go in thick forest pick many wood for our home  
Picnic. after duck night we all reached my aunt  
home but aunt is not there and then I asked  
my uncle where is aunt gone, and uncle answer to  
me aunt is went to your home because your father  
bed bad sick. when I heard that word and then  
I am loudly cry and run to my home, I saw my  
father is on the bed I am cry and cry my  
father said don't cry my daughter I am well  
next day my father is little bet good and then

our picnic group are go for market for bought  
things for picnic. Three day later we came back  
to home. our all friends enjoy with come and  
suddenly near the our village some our  
brother very run and run and I felt very  
afraid and excited they reach near at me, and  
I asked to my brother what happen and why  
you all runaway. please tell me but my brother  
answers to me also he cried.

and then my heart is completed empty and heart-

beat very bad. and then I go very fast and fast  
my all friend are behind at me she all are come  
so ~~slowly~~ slowly. after some time I reached  
near my home but no & no any body in our home  
around. and then I thought what happen and  
why they all brother are run away question  
in my mind. few menut later our cousin sister  
and uncle are very sick because one ther Nepal  
village all are beat to your uncle and brother  
wife. & they all Nepali are very angry with our  
people because there people remove our  
all villager people from there place. they all make  
plain this. our uncles uncle and brother wife in hospital  
long day they two didn't fine and complete there  
sick. that time we and my friend with picnic but  
that time picnic is not enjoy and happy like other  
picnic because my all family are lived in hospital to  
help my uncle and brother wife. not enjoy that  
picnic also not happy.



Author by = Tenzin Sangmo

hero = ~~the~~ People of there village.

limitation = tolerance by there people.

dreams = we win by there people

challenges = place for places

support = doctors.

Environment = hospital.

## UNEXPECTED INCIDENT

It happened after the morning assembly. When I was about to leave for class, ~~sang~~ I heard a voice from behind calling my name. "Sangye" some called out and I saw my classmate. She asked me to lend my school diary cause she was sweating and having a hard time. So I gave my school diary for her. After that we had our self a workshop at hall. The first two hours went happily and I asked her whether she had my school diary. She was about to say when the Baya and Didi called all of us for a new activity. After the break Didi called out my name and told that I was about to sing a song for my classmates. Everyone gave a big handclap for me as I don't know that I have done my best. Few minutes passed, I asked the girl again whether wait, this is the incident where its got worst. It happened like this, I asked her where is my school diary. She was like asking her friend. Suddenly, her friend got up and told me with anger that she would give me at break. So I was little bit anger. Now it was last period, again I asked her she told that she doesn't have ~~anything~~ the diary.

She told me that, it been gone from her hand. I got really angry and promise that I will not talk with her ever again.

"A promises a promise.  
That should never be broken."

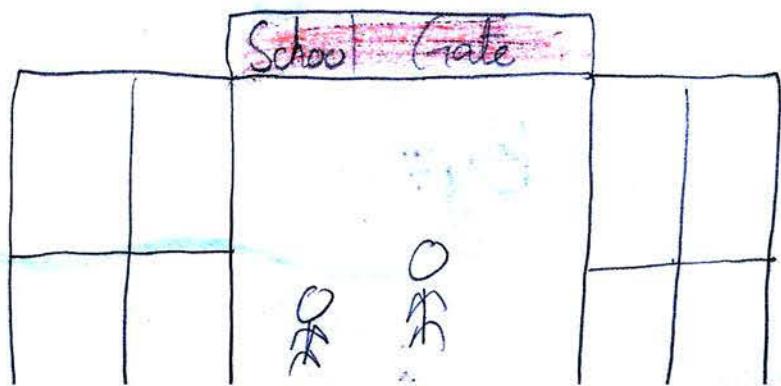
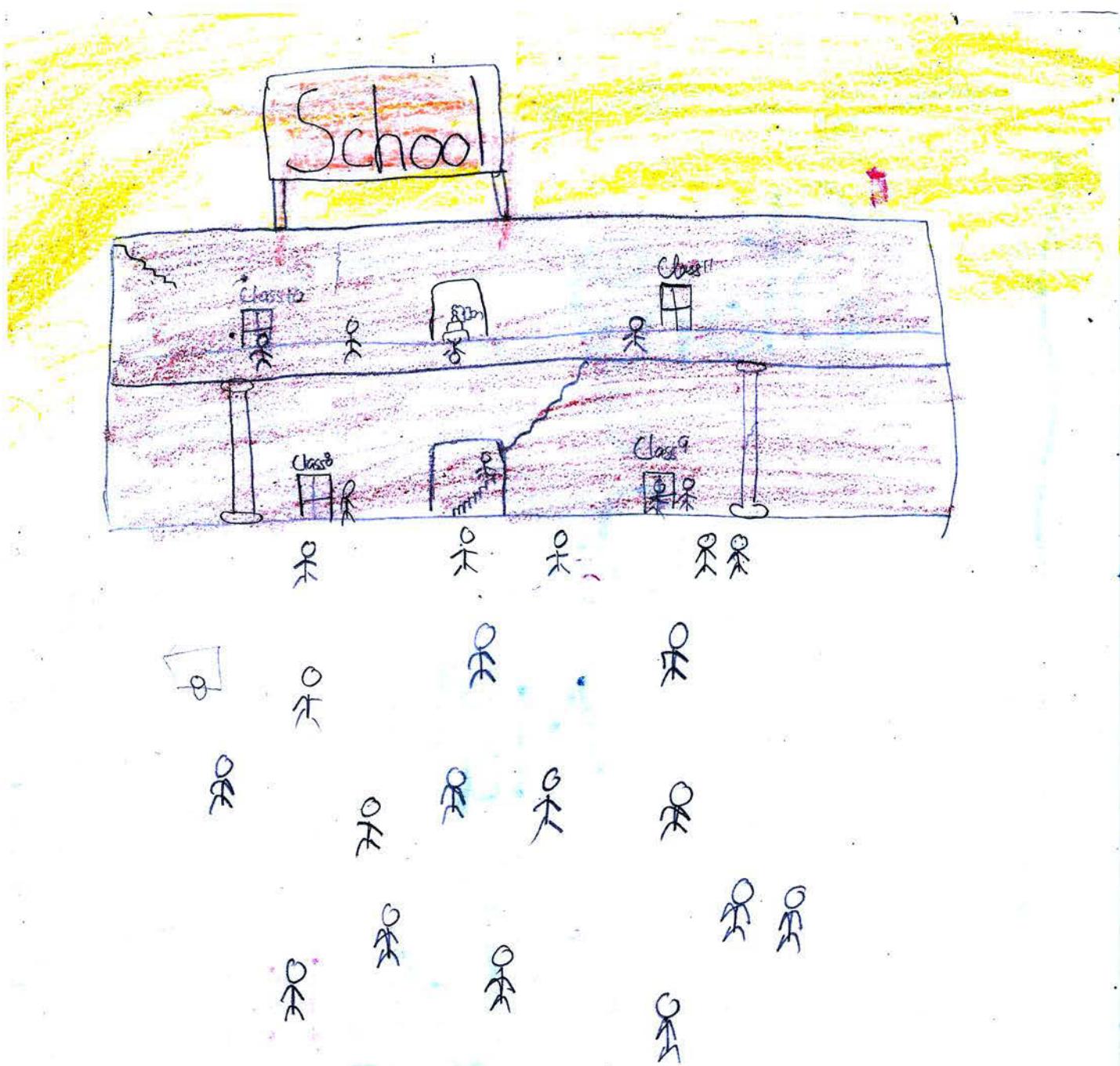
By:

Tenzin Sangye



# Story Of My Life!!!

By = Tenzin Tseyang



Once

In 2015 I was in class V. One day me and my friend went to school and our english teacher was telling a story suddenly the earth quick occur I was very afride I don't know what to do. English teacher told us that hide under your table after all this me and my friend ran out I cry because I was afride af my family. Than my friend told me that be strong if you cry like this what will you do when so many problem face on your life. When we go home my and my friend family are save.

# Story Rainbow

- 1. Hero → Tenzin Tseyang
- 2. Strength → Not cry
- 3. Limitation → Crying
- 4. Dream → To see my family save
- 5. Challenge → Escaping from earth quick
- 6. Support → Best friend
- 7. Environment → School

FREEDOM

From

my

HOSTEL LIFE

Once I was in my school named Nieman Vidya Peeth. It was a school whose owner was from Manipur. It was a school like a prison. I did not like it. I wanted to run away. The food was also not tasty. They did not let us play, eat eatables and play toys. I never got happiness there. I wanted to leave the school. But I also had to think about my mother. I am the only son for her and she is only my mother who had looked after me. So I did not tell her my sadness. But slowly I ~~she~~ come to know about my sadness as she is my mother.

So she changed my school. And the school name was Non Heritage School. I changed my life there. I became school captain there I became matured. I knew what I am interested in we get to play there eat eatables etc. I got freedom from my sadness to happiness there. After that I changeed my life forever and became matured.

Thank You.

Author

Szering Förgyal

~~J~~HANKY

~~Y~~OU //

Story  
OF  
ME  
IN  
2015



When I was in another school at Nepal.  
I am 10 years old this school have no many student.  
All the student are Tibetan and some student  
are Nepali. Then I will went to winter  
vacation of 2 months. Then few days next  
winter vacation was finished I went back  
to my school. On one saturday we  
all play hide and seek. Then our school  
cooks men ~~we~~ calls me at the kitchen and  
all the student will came at the  
flower garden and sitting on the  
flower garden and at 11:00 we all go  
to dining room for ~~eat~~ lunch time and  
at 12:00 pm earthquake was begin and  
~~we~~ we all ~~leave under~~ the table and  
cry ~~for my~~ ~~all my friend~~. And we all are  
wishing family and all the  
people.

Thank You

School life

School



My self - Tsering Yangzom  
Hero - Tsering Yangzom Environment -  
Nepal.  
Illustrator - Tsering Yangzom Illustration -  
Author - Tsering Yangzom  
Publisher - Tsering Yangzom



How I GOT INTEREST

IN SINGING\*

IN  
My LIFE

Author - Hseung  
- Hobgyal

Once there was a time I was interest in none of the things always stayed lonely. Folkless. Good in none of the activities.



Then my brother showed me a way to light up myself. He was interested in singing and playing musical instrument. Then he told me to sing. I just song. Then he told me you learn a song first. I just learnt a tibetan song. He told me how to light up my self.



Then it kept on going nice. Then one day  
In a party ~~was~~ while singing my voice  
suddenly got stuck. Then I went into depression.  
I gave up singing. Then my brother told  
me "Every one makes mistake, so one time mistake  
~~will~~ means it will ~~be~~ make you better. If you  
don't make mistakes you will not learn". Then

I got the ~~a~~ courage. I shouted and sang.  
My brother made a video of mine. And send it  
to all. I got invitations to sing in parties.  
Like that I kept on getting better.

If the moral of the story is never give up.



Hero - Tsiring Topgyal

Strength - Emotional

Limitation - Hard-working Lack of interest

Dreams - to be a singer

Challenges - He got to depression because  
he could not

Support - the brother sing

Environment- In my home

# **Stories of Change**

## **Into The Depth of Darkness**

**It is essential for us to dive into the depth of darkness to see understand the value of light.**

**We created 6 groups separating best friends, providing the participants an opportunity to connect with others in the class.**

**Each group picked up a paper chit with a word hidden in it – a word of darkness – Domination, Separation, Hatred, Discrimination, Imprisonment, Chaos,**

**They reflected upon when and where they have experienced this darkness in their lives, homes, society and how they discovered the light – Equality, Togetherness, Compassion, Freedom, Harmony**

**Go ahead, Dive into the Darkness and Enjoy their adventures.**

**CHANGING  
VIOLENT  
INTO  
PEACE.....**

Once their was a school. In School a lots of Childrens are very friendly. But one boy called Yeshi Dorjee. He was always sit on the last garden bench on break time they all play eat and sleep. But he sit on his last bench. One Morning a girl who will new admission in their school. Her name is Passang Thamo. She was very friendly. On break time Yeshi was sit on the last bench. suddenly Passang come and sit with him. First he was shocked because first time he has a new friend to sit on the last bench. They know each very well. Slowly slowly they two were very closely friend in the school. Yeshi have two friend call





Ngawang and thinley. But suddenly Passang went to city for her father's very important work. Yeshi was very upset. Now he again very lonely feel. Then After 10 year later She came back to her old house with her friend Ten-Sangmo and Pema Choedon. Yeshi was very happy that she come back to her home. In evening Passang and her friend are going to evening walk. That time Yeshi and his friend are also <sup>walk</sup> ~~even~~ on same way. Yeshi's friend thinley like to Pema Choedon but she didn't like him. After two days Ngawang and Thinley started to teasing Pema Choedon. Passang lhamo know that thinley and

Ngawang and best friend of Yesi.  
She know he still over here. Then Passang  
will talk with Yesi. Yesi will very  
angry with his friend. In that night  
Yesi meet his friend. ~~In that night~~  
Yesi He advised his friend. They two  
are change their mind. Then they  
all are friendly.

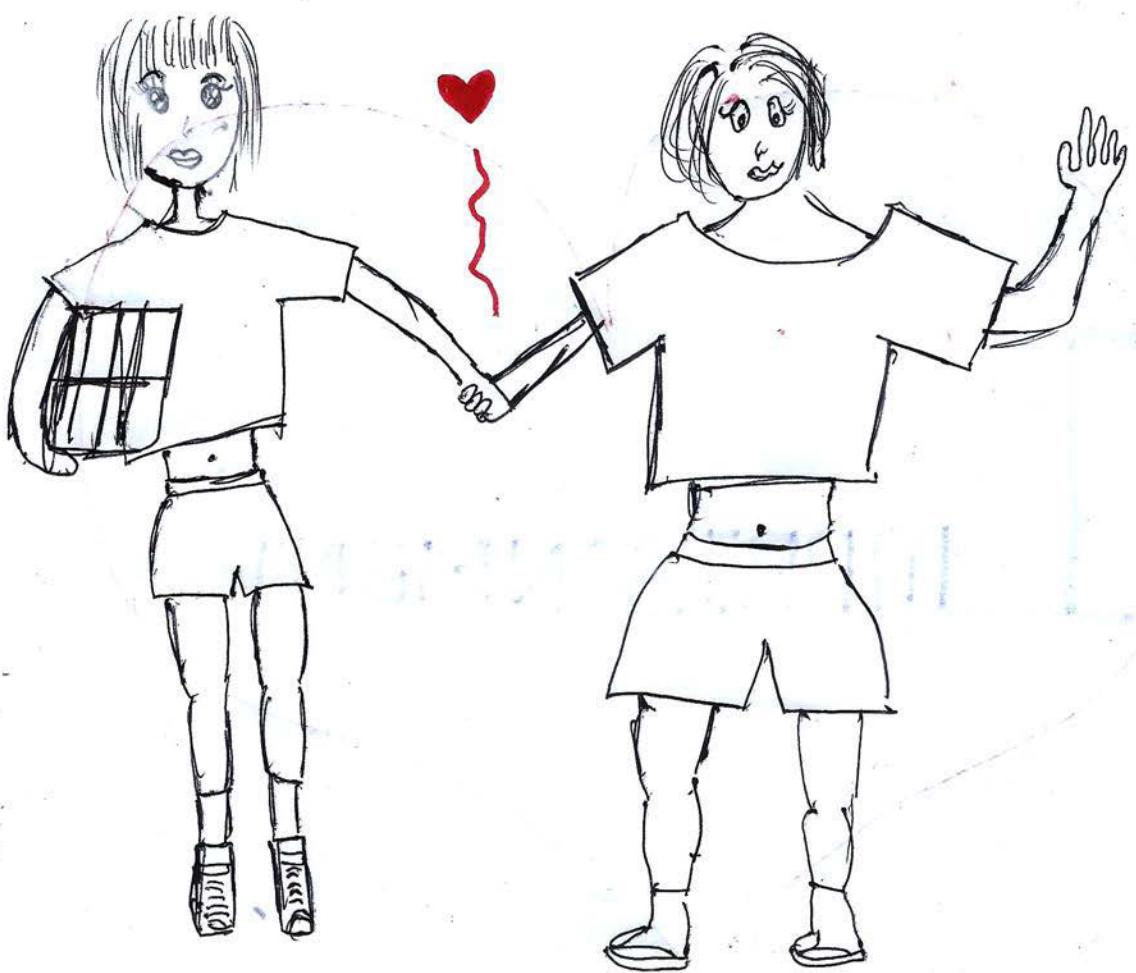
Another - Passang Lhamo, Pema Choedon,  
Tenzin Thinely, Ten-Sang  
Yesi Dorjee, Ngawang.

Writer - Pema Choedon

Illustrated - Ten-Thinely.

Designer - Passang Lhamo

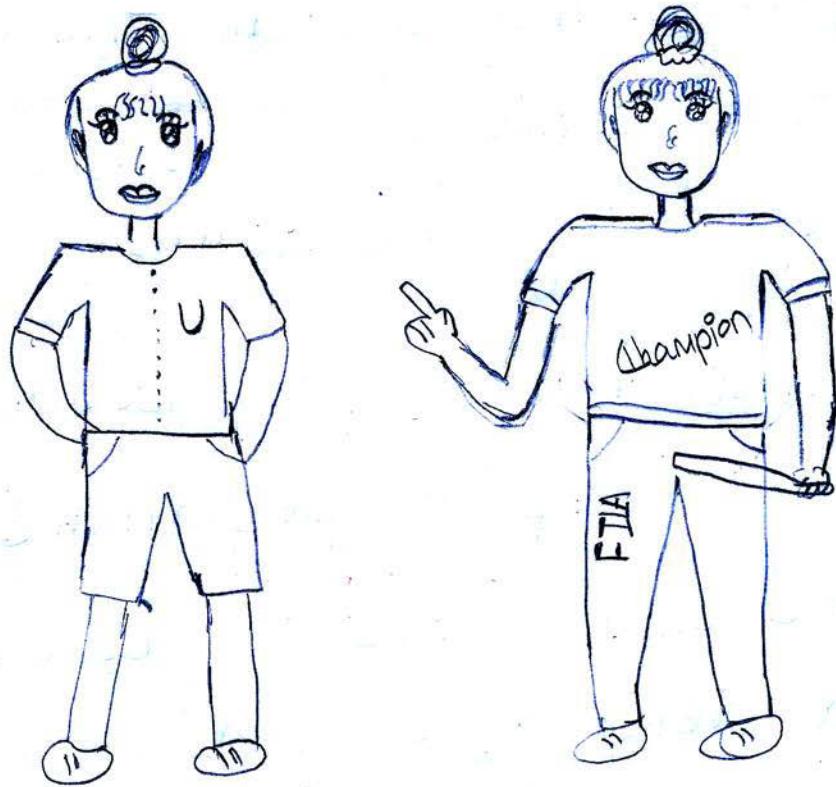
IMPRISONMENT



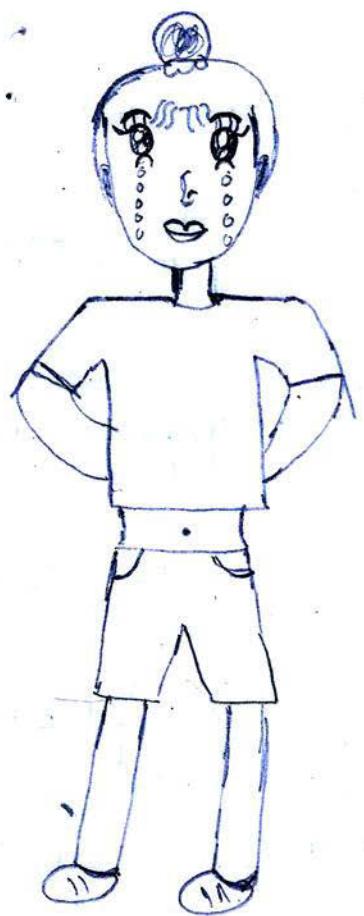
## IMPRISONMENT

Once there were two friends named Tseyang and balden. They were very good friends. They did all the activities together. And also they studied together during the exams.

But, what happen was Tseyang did a very poor performance in the exam were as balden did a very good performance during the exam.



So the ~~home~~ warden scolded Tseyang and break their friend ship between Tseyang and balden. Tseyang got very deppressed and balden was happy were as also unhappy because she had broken her friendship with Tseyang. She wanted to make friend with Tseyang but Tseyang was scared because



her warden will scold her.  
So balden did not give up  
and took help from her  
another friend Lobsang and Tsering.

So balden told all the storys

~~of~~ her ~~to~~ friendship with Tseyang.

So Lobsang and Tsering' <sup>help</sup> her.

\* by saying "depression will  
always come in life". Then ~~the~~

Tseyang and balden became  
friend once again.

Group Members  
(Charm group)  
Authors and Illustrator

- 1 Tsering Tobgyal → Author
- 2 Tenzin Tseyang
- 3 Lobsang Tsering
- 4 Tsering Ngodup
- 5 kalden Tsering  
~~#~~



SILLY

FIGHT!

Na TUM nea Rastha Dekha

Na meena Rastha Dekha

Fighting suni Hoga ya  
(x3) Rabba Rabba

Once there was a teacher. One day, he came to class and said the students to be group in 2. there was only 4 children in the class. So, the teacher grouped them by no relationship. so, one group is not unfriend. Other group is friendly. Then the unfriend group get fight with each other. with silly thing. Then the two friend stop them while the unfriend group were

fighting the teacher was talking  
with someone in phone. when  
the teacher entered the class. Then  
they teacher punished them and  
be friend again!



## AUTHORS!

GROUP NAME → (STARS \*)

- Tenzin Choedon 'A'
- Tenzin Kunsel
- Tenzin Dorjee
- Ngawang Norbu
- Oikey Mama

→ THANK YOU \*\*

AT LAST

Separated

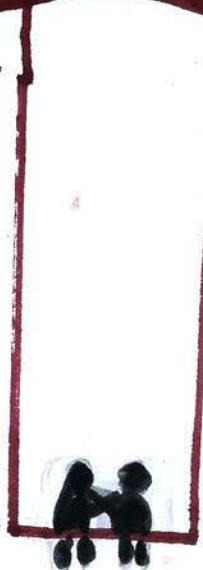
Or  
8

United



nice

friend

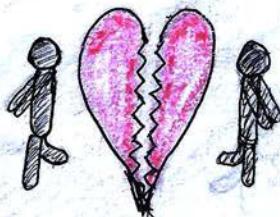


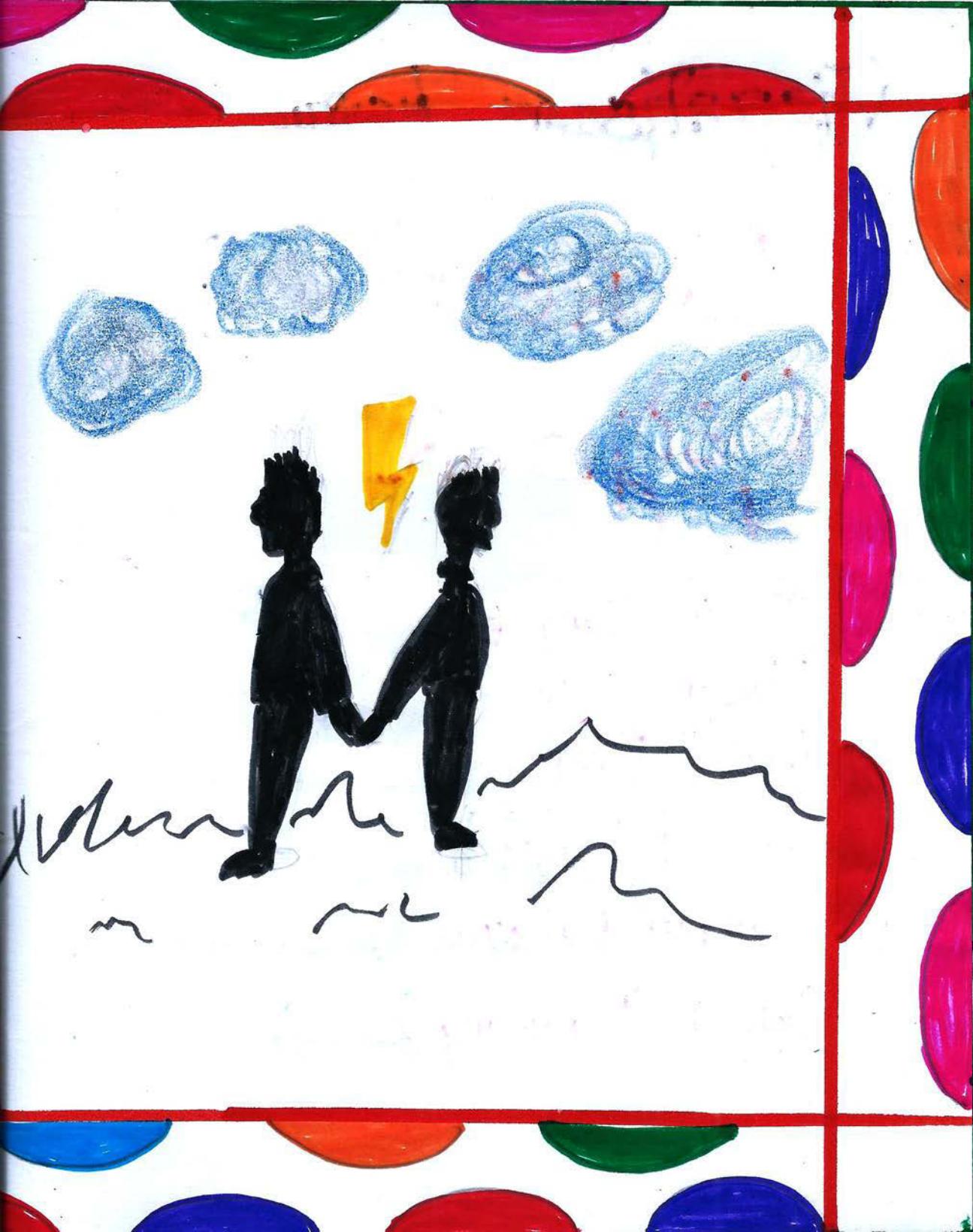
Year ago, two friend are very friendly friend. Even when they have a small thing they share it together. They always go together at school. During holiday they go outside and goes out for summing out most of the time. When they were small they always does their best in the class. Some of the holiday, they goes at each other home.



One day while Sangye and Glendun were in school. The teacher scolded Glendun and send him out because he had not finished the homework and suddenly he ran, the teacher followed. When Sangye saw the teacher and children surrounding the gate, the Glendun had climbed the gate and ran away. The next day he was suspended forever from school. Sangye was sad and depressed from then.

Year passed he still didn't saw his friend. At 2017 at the Buddha's temple, he was so astonished and was very happy to see him there at temple. The next day they went out again for summing. Both were happy from then on.





# Visualiser Team

## GROUP MEMBER

Tenzin Sangye {Illustrator}

Stanzin Dolma {Writer}

Pemba Dremza [Designer]

Pema Khando [Designer]

Sangay Rabgyal (Illustrator)

Tenzin Ngawang (Leader)

38

##

CHAOSS

OF

CHILDHOOD



FEAR  
FEAR  
WORRY

Once upon a time there was a boy called Dayoe. His family send him in boarding school which is in Himachal. He was new student in the school, so, first a boy called Nyima start bullying him. Slowly and slowly most of the boys also starts bullying him. He want to tell his family but he was scared. So, most of bullying he was in chaos.

One day, one boy came and bully him.

but that time he fought back. and also  
elders let him to fight him. He loose  
the fight and he thought that if  
he fought most of the people will give  
him respect, and most of the people  
will thought that he is smart and wonder-  
ful. & so, he starts learning fighting.  
He learn it for many month and  
he become poor in all the subject.  
When he was new his is so good in

all the subject and so good man.

So, the teacher and home-mother know

that he is fighting and he went

poor in subjects. So, the home-mother

and teacher advise and give him

support. So, he change by himself

and but he never let his aim.

He went again a good in the

subject and very good student.

His aim was <sup>UFC</sup> USA fighter.

we don't know what will happen  
because it is a real story so, that  
we will share you the remaining  
after 10 years. Hope you will  
enjoy it.



Group Name → The ~~Future~~ Writers

Author → Sonam Gurney, Dawa Dolma, Ten-Choedon and Tsé-yangzom

Illustrator → Sonam Gurney, Kamma Shenphen and Dorjee Phuntsook

Group Member →  
1) Sonam Gurney  
2) Kamma Shenphen  
3) Dorjee Phuntsook  
4) Ten - Choedon  
5) Tsé - Yangzom  
6) Dawa Dolma

# Avoid

# Domination

AUTHER

= Tenzin Choden



GROUP MEMBERS

- Tenzin Choden.
- Donam Wangmo.
- Kasi Pangge.
- Lobsang Tsolkpel.
- Nithun Kumar.



Once a boy called Suriya, he was from very low caste and his father was part away when he was only two and half years old. His mother was a domestic worker and his mother's cousin never cares about them.

When Suriya and his mother went to buy vegetable in bazaar or in markets they never get respect as a customer but as a non value person. He saw his mother was beating her by a man and shouting "Why you broke a glass again. I told you to be careful about the furnitures in my house, if you did it again then I am sure I will kill you." he saw his poor mom was crying and was carrying the character of a street dog. It's was not only first time, her mother was beaten many times by others. He felt very upset when he saw his mother bullied by someone.

So, the little boy he thought he will learn something in school and have a very perfect future. So, he request his mother first. Unfortunately his mother slapped him and began to cry. She shouted at him "Suriya! you know how we are too poor as I am not getting any respect and even I only earns 200Rs per a month. We must stay alive right? Then should I feed or give the money to

your school and you already noticed our cousins are not even caring about us." Poor Suriya thought he may never get any chance. He really want respect, care and love.

One day he heard a loud voice "Suriya! Suriya, your dreams." When he went out he saw his friend Ram was shouting and pointing to left side where their market was. He ran to him asked "Dear, what happen? Is any thing wrong? And what are you talking about?" "Ha, Ha, Ha" laughed Ram. He just quickly grabbed Suriya's hand and ran to the market's side. Then he saw many orphan and poor children where in line near a huge door. When he asked a man "what is going on?" The man replied as "This is the chance to addmited the school only for orphan and very poor children and the government will choice only three children from this hundreds of children for free addmition in school to collage." He was overjoyed that he got the admition in the school. He was very lucky. His mother never

notice that her boy was studying in school.

Suriya he learn many things, he did very hardwork he could. He always been dominated in markets, playgrounds, by their cousins and their own neighbours but he never give up. He got the first prize he was in collage by the help of the government. In collage and school he was even dominated by his class mates and bullied by professors but he just thought of his future. And atlast he become a very famous story writer as well as a very perfect story teller. One of his famous story was "Avoid Domination".



Group-Name => Young Star



# **Home Sweet Home**

The participants explored the land where they are from and it's social, cultural, geographical and environmental features and challenges.

They reflected on and shared their thoughts, feelings and perspective towards their home and how it has moulded their personality.

Dawa Dolma

PAGE NO.:

DATE: / /

## My Homes

Once upon a time there was a little girl called Dawa Dolma and she didn't know about her home so, she asked her mother to tell about this place where she was living now. So, her mother start telling her that she was from ~~Nepal~~ and Gorkha where it was in Nepal. Her mother also describe her home. They also told her that they always like to eat Thukpa and but she said her favourite food is momo and pizza and they communicate with Nepali and Tibetan both. Our landscape is hill and our weather is little bit cold. We all wear Chupa. Her mother sang her song of her place like

Simple simple kanchie ko Dimple parna khala  
Mani paro, mani paro, mani paro molimani paro.  
OO.....h.

Handsome handsome kancha ko phut kao  
nai yo khala: Mani paro, mani paro, mani-  
paro. molai mani paro.

My challenge,

I have face so many problem in my life such as water, weather etc.

I am I  
where are you from?

PAGE NO.:	/ /
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I am from Arunachal Pradesh from a district Tawang. It is a hilly region. The 'momos' dumplings ~~is~~ is the food mainly special there. The fruit that we get there are orange, apple and kiwi. There are many crops like red rice, spinach and corn. The transportation is good there, the roads are ~~good~~ plain and ~~there~~ there is no language just a dialect. It is a clean place.

The second largest monastery in Asia is located there. "Golden Namgyel", Latse Monastery" in short "Tawang Monastery". There are many dances and songs. The traditional dress is red in colour for girls is called "Shinko" and the boys dress is called "Khongju" and the name of the place is given Tawang because the "The Assistant of Dalai Lama who is Merak lama whose horse was lost when his holiness told him to build a monastery. He came searching for his horse then in our he found the horse in our land. Then he planned to built the monastery there."

So Tawang means "blessing of horse". The king of Tawang was "Gyalpo Kalswang po" once. The people there are very kind and the weather there is sometimes pleasant, foggy, rainy and snowy. There are many flowers there and it is the cleanest districts in whole Arunachal Pradesh. Once the Chinese attacked there, But they could not take it. There are many lakes and holy places there to visit. ~~Thank You~~ There is problem to get job and other than less every thing is fine. Thank You.

There are not much challenges. But some once the people there were protesting for to stop making dams and three people were dead and many big case happened.

Once upon a time there was boy called obsang and he is lived in Cadhak. He is live in home which is made of glass and brick in his home there was five member in his family. The traditional food his country is Tsampa and traditional dance is Cadhak's Dance. In there lots of tree and flowers. The transportation were very good but when the winter came then the all road were block by the snow then the transportation of road have problem. The landscape where obsang lives is on the mountain. The season and the weather were good to us. The fruits and vegetables were so fresh and their are lots of people who depend on the Agriculture. But in his country there are little discrimination between us. There are little problem in transportation or communication. There have little problem on religion between Buddhism and musliem because there more Buddhism and little mount of musliem. In his country there lots of animals like Fox, wolf, Bears and elephant. In night many of people didn't go outside because there are many animals which eat us. Many of parents were protect very well for there children or childs.

\* Where are you from?

Ans: I am from Spiti kaza and our language is Tibetan or Bodhi. And our common food is sampa, curd, yellow rice and Tibetan tea and etc... also our cloth is choga and ~~pred~~ normal cloth. Our village roads are very dangerous and not well or plain. Also the weather is bad and falls ~~so many~~ snow in winter. Our village people come ~~very good~~ ~~too~~ shall but people with big heart is in our village. The fruit and vegetables which we grow is kharbo, apple, pomegranate, bananas and some other fruit. The vegetables which we grow is also, carrot, cauliflower and other. In our village there is tree but there is more field than the tree. The animal which found in our village is snow leopard, fox, horse, fish, dog, cat and Yak. The birds which is found is crow, lacham and hummingbird. The traditional which do in our village is His Holiness birthday, ~~chobza~~ 26 January and I didn't know many about traditional which does in our village because I stay here and most of traditional did in summer. There is no many music and dance in our village. The agriculture we do is farming. Also the communication is good. And atlast I will stop here and think that you have know little about my village.

By - Ngawang Phuntsok.

① Where are you from?

Ans- Mo Nepal para ho. Nepal ko bitra dherai  
 Distt tsa tarai tya pa mo Nuwako para ho.  
 Nuwa ko ko bitra dherai gau tsa tya para  
 mo Bitini para ho. Humle lo ke khang tsa bane  
 Champa, koto ko deko, Gondoruk, haru.  
 Humro gau ma ke ke, pawtsa bane tarkati,  
 dabai, Phaf, haru pawtsa. Humle ko ke  
 festival celebrate gartsa bane sonam  
 losar, tamay losar, Gyalpo losar.  
 Humle ke ke lakaw tsa bane Chupa,  
 chola, shama, kaeli haru la kaiw tsa.  
 Tya ke ke paw tsa Gurung, tamay,  
 Nepali, Shapa etc. paw tsa huni ke  
 kura garda bane tamay kura gartsa.  
 Huni khota le hinera janta.  
 Tya dolo park haru pawtsa.

thankyou.

Chabro ko Chamro turpi  
 Timi jasto super beauty  
 Koi tscina sangar mai

Timi jasto ramo koi tscina sansar mai

rossang rano

# My HOME

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Long long ago there was a girl who name is Pema khando. Who live in ~~Kotager~~ kollager and her language is Tibetan. Her best book is magic tree house, Her best food is momo which is so delicious. She love her mother very much. She live with her family in cement house. In there water Problem in there. In kollegar there have so many snakes, tiger, elephant and etc. but still her village people and her family they all live happy and care each other. <sup>where she live</sup> In south there have so many fruit like Papaya, Banana, coconut and many. There cloth is chopa and weather is sunny.

The problem that we face in village is money because most of family they ~~left~~ goes to winter cloth sale ~~that~~ at that time most of famil they borrow so many money from bank.

NAME = Pema khando,

# My ABOUR Home

PAGE NO.:

DATE: / /

Once upon a time there was born a girl and who name was Pomba Doma, who lived in Manchu-khu, who lived in landscape on hill side and In the hill side they found lot of cows and goats.

These people were very kind and very good in sharing the most of people eat rice and green vegetable and the traditional dance of our people song

is Tibetan and the language of our people is

Tibetan and food is momo & fruit is apple

and orange, traditional dress is Chupa and

they communication with people is very

kinds and with full of smile when they talk

Architecture is farm and weather is very cold

and when the winter come the snow will

fall for long day. My home we can found bird like Black-necked crane. we can found tree is apple tree and orange tree. we can found flowers in my home is rose and sunflowers. we sing music of Tibetian. The transportation of our roads is nice or beautiful place. My home looked looked like very beautiful and in size of we plant flower and trees. In my home has difficulties with water and light and with boards And my home is made of woods and we do not have light in my home.

Pumba Doma

VIII/B

# MY HOME

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\* Once there was a ~~cat~~ girl called Tenzin Dolma. who was born in 2004 April 11. She live with her parents in brick and mud house. Her home is full carrying with each other. Out of her house there was full of flower and vegetable like carrot, tomato, cauliflower and ~~flower~~ flower are sunflower, lily, etc because his mother was a homemaker and she have a skill to sow and plant the plants. Her traditional cloths is Gonchey and her traditional food is Paippa which make by flour and water. Her traditional language is Ladakhi language. The most animals there ~~see~~ have is cow, and next sheep, dog. The transport are cars, bus. During the summer we we got a chance to eat fruits ~~and~~ because that time the road was open to transfer any things. But during the winter there have no fruit to eat. Even we are wanted. At the winter there fall lot of snow that ~~is~~ there there haven't a single space to stop out side. During that time we all live together in home by fairying the wood that we collected during the summer time. By watching movie sharing there thought and carrying each other.

\* The problem that my country faced during the winter is ~~use~~ WATER because during the winter the water turn freez into ice. That is impossible to wash by ice water. anything

\* My traditional dance is Cham and song is ~~zicaiji li zekkli wazkqiuwuh abel zirkli jaqkli qiuwuh~~

TEN-DOLMA.

# My Home

PAGE NO:

DATE: / /

I am from Manali which is in Himachal Pradesh we speak Tibetan usually there and Hindi too. The fruit that we get there is apple. It is a hilly region, the people there are kind and are all hindu and some Tibetan. Their traditional animals is Yak and the cloth is chiper and Dance ~~and~~ <sup>and</sup> tibetan is Aro Dance and Music is Tibetan music. The weather is snowy there. most of houses are made by cement there.  
I love my country.

Tenzin Choedon

Me tenzin Dorjee ~~was~~ born in Nepal on 27<sup>th</sup> April, 2006. I usually speak nepali, ~~but~~ Our language is tibetan but we live in nepal. Our traditional food is momo's, tsampa, thukpa and made by my mother. Our people in there are helpful to each other and kind. Our traditional cloth is chupa and music is tibetan music and dance is tibetan dance. Weather in our nepal is usually hot in there and our fruits ~~are~~ are pomegranate and mango. Our vegetable in there are mostly potatoes. Our Animals in there is mostly dogs and cats. Birds are mostly pigeons which like to eat corn and dry rice. Out trees there ~~is~~ very ~~so~~ we live ~~at~~ had low number of trees because we live in city. Our landscape in there ~~is~~ is not so hilly but it is all houses and buildings. Our transportation in there is mostly carried by trucks by transporting each other in india, ~~and~~ nepal and china. Our climate in there is very good climate because of not many pollution's in there ~~but~~ but, there is lots of garbage in our country. ~~so,~~ Some Garbage workers came and take the garbage. because or not get more pollutions in our country.

NAME → TENZIN DORJEE

Ten Dorjee

22<sup>nd</sup> Oct, 2019

# [MY HOME]

PAGE NO.:

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I am from Arunachal Pradesh (Tuting) but live in Assam. I was born in Tuting. Our language is Pemakoera and traditional animals are dogs, cats, and etc. we all people are Buddhist. our traditional clothes is "chupa". In our place the dance called 'ghoaghi' is our traditional dance. In Tuting there are many orange trees and guava tree. There are lots of flower called marigolds. In our place the ~~roads~~ roads are all made up of ear. The weather are so warm. Many people eat vegetable called "ujani" Many of our home are made by cimit and also "ghora". my home is made up of cimit.

[THANK YOU.]

Today I learnt how to describe our self and how to drama our story written by ourself. I learnt how to see a story and how to share a story in one or two line. I learnt how to participate in group and what kind of thing can do in drama. Today I learnt this all. So I am very thankful.

Tenzin Kunsel

-Tenzel

# **Adventure of Learners**

Adventure of Learners, a beautiful theatre play created by the participants with Smriti's guidance identifies and shares in completeness their learning and transformation through our process. It provided them platform to overcome their fears, inhibitions of being judged, shyness and channelizes their soul's expression through voice and movement. Enjoy the script written by the participants.

# Creative yogi group TCV Suja

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## Adventure of learner

### Entry

#### Song (le la gya mo)

So..... yi lai la she ya so ya re lo....

So..... drin chen pha ma dhen gyung

So..... Shap ro che che yai yo

le la gya mo

le la gya mo

2 times

#### Formation Semicircle

#### Song- Tha wai lama

Nya yi Tha wai lama

khu tse shap pa than pa shog

Zamlik sa yi yang than kyi

Cha wa chong lyi youl gonk di

do ma tak tse luang pa nag

Cho tung pa lo gu yo

Nya yi Tha wai lamg

khu tse shap pa than pa shog

## Formation - Rectangle

Song - Cho ro kal ki Bhate  
 kal ki bath purā ni  
 Nayi dhor me likhe ghe  
 Hu'm young stars nahi kahani

## Scene - I

### Dialogue -

I am a learner - Pemba Drema  
 You are a learner - Sangye  
 We are learner - Pema Choedon  
 Adventure of learner - \*3 times - All

## Scene - 2

Dialogue - khut se sekho - dawa dolma group  
 khut se sekho - kasi pangji group  
 Learn yourself - Pema Choedon group  
 learn from yourself

Communicate - Tse tobgyal

Express - Tseyang

take Charge - Ten Dolma

Initiate - Pema khando

## Scene 3

Dialogue - Open your heart - Dawa Dolma group

Op Dil kholo - Together

Open your mind - Sangya group

All < Be loud, Be clear - Pema khando group  
No fear, No fear - Pema khando group

## Scene 4

I learn from you

I learn from me

I learn to see

I learn to be

I am learning to be

↓  
Song

Start by Sangye and continues by all.

Free? from whom - Ngawang

Azzati - All

Azzati? kya sa azzati? - Passang Lhamo

Free from whom?

Free from what? → All

I am learning to be free - kasi and repeated by  
all

### Scene 5

Free from nervousness - Ngawang

Free from shyness - Tseyang

Free from fear - Sangye

Free from hesitation - Choedon

Free from self doubt - Yangzom

Free of feeling of not being enough - Tse-Tobgyal

### Scene 6

I am a learner - Passang Lhamo

there is no right, no wrong - Passang Lhamo

together we sing a beautiful song - Tenzin Dolma

together we sing a beautiful song - All

We learn about culture - kasi pangey

Courage - Pema Dolma

Diversity - Sangye

kindness - Yangzom

Tolerance - Dawa Dolma

Peace - Pema Choedon

We learn about learning - We learn about huminity.

Passang Lhamo and we repeat

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## Scene - 7

→ Actors

What have you learn - Sangye

We are writer - Pema Dolma

We are actor - Pema Choedon

We are director - Pema khando

We are singer - Tenzin Dolma

We are dancer - kasi

We are designer - Choedon

We are all that we want to be - Ngawang

We are creator of our destiny - Pema khando

Who's destiny? - Jawa Dolma

My destiny - All

## Scene - 8

learner ka voice ke sa ho na cha yai - Tse tobgyal

How to be loud - kasi

How to be clear - Jawa Dolma

(four  
ho )

(four actor will come at centre  
and practise voice exercise  
ho )

Four actor

- Pema Chedon
- Sangmo
- Sangye
- Nawang
- Dawa Dolma

### Scene 9

Mucha bahot shy feel ho ta hoi - Pema Dolma  
 I am feeling nervous - Talden Tsering  
 I am nervous so what to do - AM  
 How to raise my confident - Ngawang

Stand Straight - Pema Ichando  
 no halste - Tobgyal

take a deep breath - Talden Tsering  
 keep your hand on your waist - Tseyang

Ab dil ki bath bolo - Passang Lhamo

Ab na muag kolo - Sangmo

Goonj hai hamare

Hum Ico lakthi pairey → Tse tobgyal will start and all will repeat.

## Scene 10

Do you know even learner face challenges? - Tenzin Dolma  
 What challenges do you face? - Sangye

## Sub Scene (1)

## Admission

## Actors-

Pema Dolma	Rich girl
Pema Lhando	Poor girl
Tenzin Ngawang	Rich man/father
Tenzin Dolma	Teacher
Tenzin Tseyang	Poor girl mon

Teacher - Result is out. Please take your mark sheet  
 (Good Student came)

Teacher - Congratulation!! You have got 99%. Now you can get admission in haward.

Good student - Thank you. But mom wher is haward?

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Teacher- It is in U.S.A

Good student- I am so happy to hear this good news.

(Rich girl came)

Teacher- Renna Dharma Bella

Rich girl- How much marks do you get?

Teacher- You had got less mark but don't worry.

Rich girl- I don't need to worry at all. My father is very rich.

(Poor girl with her mother)

Poor girl- Mom! Today I am very happy. I had got a very high marks in exam!!

Mom- Oh really! How much?

Poor girl- 99%.

(Hug)

Poor girl- My teacher told me that I can get admission in Haward.

Mother- Haward? Where is Haward?

Poor girl- Haward is in U.S.A

Mother- We cannot afford plane ticket as it's too expensive.

(Teacher came)

Mom- Hellow mame! How are you?

Teacher- Hellow I am fine. Our school is going to sponsor your child as she achieve such a high mark.

Mom- What is mean by sponsorship?

Teacher- Sponsorship means that we are going to afford her money to study at haward.

Mom- Thank you!!

Rich father came to meet his child

Rich father - How was the day?

Rich girl - It was fine but I got less mark in exam.

Rich father? Don't worry. We are rich. I could afford you to send haward by money.

### Sub Scene - 2

#### Discrimination between religion

Actors - Sangmo	hindu
Choedon	Muslim
Yangzom	Christian
Dawa Dolma	Sikh
Sangye	Buddha

Sangmo - I am hindu

Choedon - I am muslim

Yangzom - I am christian

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Dawa Dolma - I am Sikh.

All - I am not gonna listen to you.

Choedon - Mera dash sap sa acha hai.

(All starts to fight)

Song -

Bhuddham Gharam khachami  
Sangum Chungum khachami # 2 times

Sangye - All are one  
All are equal

(All hold hand)

Sub Sence 3  
\$ Amazon forest

All the animals are roaming here and there

Pema Ichando - Wow! Amazon forest is beautiful.

All - Wow! This is our forest.

(Fire burned)

(12)

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Sangye - Forest is burning | Fire | Run

All - Fire | Fire | Run |

(All paints down)

All - Moans

Cry

Song -

Buddham... Sharam... katchami...

Sangam ... Shareram... katchami... # 2 times

(All stand up slowly)

Format - V shape

Song - Earth

We love the earth

it is our planet

We love the earth

It is our home

\* 2 times

Dance - Clapping

Stamping feet

# **Stick Together**

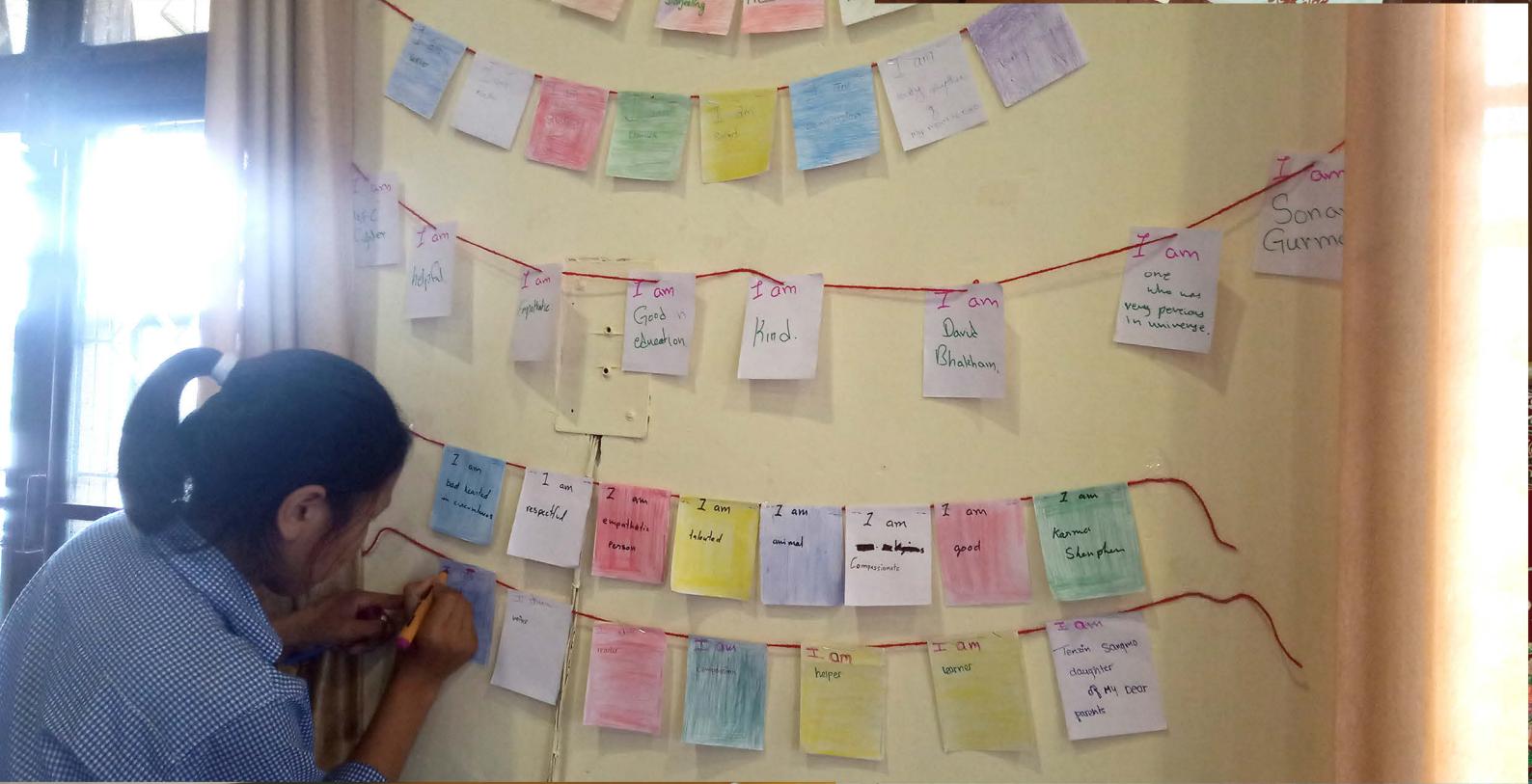
Participants raise their consciousness by selecting a theme most relevant to their lives - TEAMWORK. 3 impactful stories were created by the participants out of which one was chosen. The participants identified situations in their school life when there was no teamwork and how they felt in such situations. The professional step by step approach - story, storyboard, prop design and creation, location blocking, animation, dubbing, music and edit was followed.

<u>object + actor</u> ✓	<u>Teamwork</u>	<u>Object</u>
Hero → Stick Strength → Confident Dream → Give lesson to human being Limitation → Communication Challenge → Human being Supported → Other sticks Environment → peace garden	Drawing Animation (Tree) Hero → Reincarnation of Romeo Strength → pure and kind Dream → To provide fruits, shelter shade and fresh air. Limitation → to mature and people Challenge → Separation From Juliet (tree) Supported → Villagers (People) Environment → Forest Hero → Reincarnation of Juliet (Tree)	Hero - Brick Strength - Hope - confident Limitation - communication Dream - To unite & build house Challenge - Rain, Natural Disaster Support - Friends - no unity Environment - Suja village



# I Am Prayer Flags

Inspired and evolved from the Tibetan Prayer flags, we created our I Am Prayer flags. These prayer flags express what each participant discovered about them selves through the process and can be decorated in the room which keeps us constantly aware of what we have discovered about our self in the form of a prayer.



# **Experience Sharing**

**On a daily basis, our participants share their experience and feelings in the form of a letter to us - their Didi and Bhaiyya.**

29/08/19

C.M.S.C.A.P.

STAD

PAGE NO.....

DATE 1 1

What I have understood today / 9 O'clock to  
 \_\_\_\_\_ x \_\_\_\_\_ x \_\_\_\_\_ | 10 O'clock |  
 \_\_\_\_\_ x \_\_\_\_\_ x \_\_\_\_\_

First we are here at our school hall and our principal get 2 ~~sister~~ and brother to share our view points. Then we first introduction our self and then they will share their feeling and they make us a huge circle and then we have some activities. And we all are participated very well. Then we have a break time and after the break we ~~are~~ have drawn our dream on ~~the~~ paper. And lastly we share our aim or our dream one, first we show our picture and then we share our dream. And then we all are very happy and then they will teach how it is poor and how you to make enrich. After that they gave us home course that is how ~~to~~ you to make enrich in ten points.

Autograph = Tanishk

There you go !!!!!

Dear sis and bro la

Today I am very happy and I enjoy it very much. In morning 9:00 am to Evening 1:30 p.m I really learn so many things Like we all are equal and To get sept first in our life we must be brave and nice and we don't have to shy. I also know that The Dreams gives us energy to run towards the goal. We also learnt that we are not poor But we are poor in the money but we are rich in idea and compassion, ~~Sympati~~-sympies. My dream is to become a vet doctor because I saw that the most the people has hospital every where but it is very less to see the animals hospital. If there is but there is no doctor so, I want to be the vet doctor. My friends say me that I am ~~not~~ rich at Compassion, pity, hopeful ect. So at last I want to say that I wish that tomorrow we shall have a dance and story telling. Thank you so much sister and brother.

Yours Student  
Dawa Dolma

Signature  
D. Dolma

Dear friends.

Hellow. Today I am very happy so, "THANK You"  
Today I felt like & I am a real actor. We really  
enjoy this days very nicely. Today we have  
made drama and this is our first day that  
we are doing like actors. And also we went  
to research and learning outside everywhere.  
We all enjoy and we also make one  
theme that is Adventure of leaning hope  
you will like it thanks for your support  
and your help thanks allot I will never  
forget it. we had learnt so many things  
from you. We wish you will teach us  
more than before. Hope you will enjoy  
your period and me and my class mates  
are also enjoying too. We saw so many  
thing and special too. Hope we will  
learn more from you. You are teaching  
us very nicely.

THANK

Dawa Dolma 23rd Aug, 2019 YOU!  
D. Dolma

Dear sis and bro la

Hi! Today I am very happy because I am going to share you what I had learnt from you. I want tell some thing before I would like to tell you what I had learnt yesterday. I want to tell you the world presious word "THANK YOU". Now I will share you what I had learnt. I had learnt what is strength and limitation on me and how to improve ourself and how to write story, & how to make story, how to improve our confident. Thank you for your kindness for teaching me this. I would never forget it and we wish you will be in good health and wish you will stay happy with your family. THANK You Once again and again. Wish you stay long and happy life

THANK

Yours faithful,  
Dawa Dolma

You!

## DEAR FRIENDS,

Today I want to say thank you to show us a ~~film~~ flim. And that film was very good and interesting. I love the flim very much. And in the ~~film~~ flim the sheep has got support from American Jakal, but I got support from you two, my parents, teachers and etc. Thank You for telling us how to make story and I am very excited to see the Animation. We love you two very much and I feel happy to play with you, dance with you, write story with you and etc.

Love You Two

THANK You

Dear

Sister & Brother:

First I would like you to thank you for being or a good student. And then you two reached or lot of talent and how you will go to your dream and then we also learnt so many of you both of them. And we known that our strength and limitation or weakness. And also known that how your dream become success. We are student and then you two gave us a good confidence and participation. We also knew that ~~me~~ how I am enrich with. And then we also learnt how your aim become success in our life. And then tomorrow we want play a games like basketball, and some small game etc. And then we want to learnt your biography for where you are come from? where is your school when you are at young same as us. And lastly we say thank you.

Dear Bhaya and Didi,

I'm Sangye of class 8 'B', I really love the activity that is done two day before. I

love the appetite and love given from you

Didi and Bhaya. I really love it when.

activity is started. I am really trying to do my best to not get shy before you guys.

I am really excited for next few day

activity to be started. Thank you for teaching

us lots of things

Dear sister and brother

form these acvity I understand that we don't have to shy  
etc.. and next time we will go out and play and do some  
activity

J. thomas

Dear sister and brother

Today I know that we are rich and we know each other fracture. We are equal and we have to respect each other. For our dream and goal we have to run and we will get in our direction. I want to spend this 9 days with playing game, drawing and actives with joy.

Cuz

23<sup>rd</sup> Aug, 2019

Hellow!

Today we learned that Theatre of Relevance. And we divided into two groups member. Our groups went to outside to Adventure in Environment. In the theatre of relevance there were ~~the~~ must have element, good quality of actress. The examples of elements are stage, emotion etc. Good quality of actressess are kind, friendship, written etc. I ~~am~~ was very happy and astonished because we all were enjoyed the day, in together and working ~~the~~ term work.

Hello!

first of all I would like to say very nice  
you both care and also make my day enjoyfull  
with love and curiosity. At the begining of 9:00  
am to 1:30 pm my focus were not gone  
anywhere. I have learnt so many  
things that specially I am not poor, because  
we all have the important our body.  
We all have nose, eyes etc.. So with that  
we can do even anything what we want  
to become. And what is our goal and aim.  
We can make impossible to possible that  
I have learnt. So with the comming eight  
or nine days I want to do more activity  
and also I want to catch up my chance  
to improve my self.

Thank you,



HQ Sister.

From morning till morning to now, 1:30 we all learnt that what we don't know before. The first I have learnt is observe. Observe is very important because through observe we can learn so much. Through walking I noticed the some were ~~the~~ throwing throwing water, some were learning in the school. And learnt the element of the gospel drama. We all have to think, observe, research and also <sup>learn</sup> by yourself.

23<sup>rd</sup> Aug 2019.

PT



Dear Didi and Bro

first of all I wanted to say NAMASTE.  
I welcome you to my school with love and joy. And I hope that you will like my school and classmates. My classmates are naughty and noisy usually and today you two came bright and make them laugh and taught us many things so I am very grateful for that.



Today you two teach me very much and I learnt them very well. I had known

- Communicate with each another.
- Do not fear / Be & Have full of courage.
- Participate had to do with mind as well as psychical.
- We all are rich one way or another and we are young we had dum !!
- We could reach our dream.
- Be happy.



23<sup>rd</sup> Aug, 19

Dear Didi and Bro... ~~and go to work when we~~

I hope that you are enjoying your time with us. I am enjoying it very much and I am happy that I am not moaning at my class but enjoying with you.

So today I went to the theatre group as I am not good at drawing and I am good drama.

So today I had known   
 → What is elements of drama

like expression, motion, emotion, loudness and etc

→ Theme of drama

So the drama's theme could be chosen differently and we had known to choose the theme which could touch the feeling of actors.

→ What an actor requires

There was no born actor but we ~~had~~ will become one if we practise harder.

P1. part b) E&O

The actor should be the person which stage needed.

so it looks propoing to you that soon I  
can down your tip propoing me I can get new  
opinion ton → How to feel like actor

People have # six senses as well as actor  
so actor should feel those senses and  
act! ~~you do keep ton and I can~~  
~~know keep this I~~

→ When place and things change  
acting and actor had to  
change too.

So thank you and oh! Acting the drama  
was very good experience.

Thank you!

Yours lovingly child  
Kalden Tsering  
Tausay

22<sup>nd</sup> Aug, 19

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Dear Didi and Bro ...

NAMASTE!!!

I hope you are enjoying the moment with my classmates. My classmates are enjoying the moment with you. They love to spent their precious time with you as well as me.

Today you show us a short clip of a movie called 'Boudin' and I like it a lot. The movie show me a

- Never give up
- Friendship relation
- Supporting another

After that u let us write about ourself. But that I have observed that I thought ~~at~~ and know about another people but I had never thought about myself. I was happy to think about myself and it also remember me my childhood.

\* After dividing into group you gave us title to write a story. My title was imprisonment. It was month ago and our school had end a exam. My friend's

didn't do well and she was imprison by  
home mother. I didn't know what happen earlier  
but I wish that I had help her earlier.

Yours lovingly  
kalden  
jeusayr

Dear didi and Bro

NAMASTE!! 😊

I hope that you are enjoying the stay in your school. I am enjoying every part of your activites.

So today I learnt

- Be confident

Because when I was speaking you tell me my mistakes and I know that by mistake people learn their lesson.

- Be proud of your good quality.

So when everyone was telling about their good quality they were making mistake or doing something wrong and without stoping you help as one by one and let us share our good quality with proud

- knowing our limitation

You let us known our limitation and by that I had known how to erase my limitations.

- Writing story

So I like to read storybook but I don't like to write them much. And

♥

♥

♥

Thank you so much for teaching us such nice things. I really appreciate a person like you two who is very joyful. I am glad to spent my precious time with you. Thank you so much. ♥

Tomorrow I would really like play a drama. Even though my dream is not to be a actor I love acting.

♥

Thank you once again.

♥

Yours lovely child,  
kalden

P.S → You child is so cute and he draw pretty quick and beautiful.

♥

♥

1 Janay P.  
20/8/19

♥

♥

♥

you two let me write little by little  
and I had known to write a story.

• Illustration and creative

So I hate drawing and you let us illustrate our story. I draw stick people. But now I love drawing even if I can't draw well and I am dreaming how it would be to be a comic writer.

• Overcome your fear

Well, so you make us write a story and when I write my story and glory I had known to overcome my fear.

Thank you so much. I had no special idea for tomorrow and I am sorry for that. Enjoy your time in our school.

Yours lovely child,

Kolden

Jewsey

22<sup>nd</sup> Aug, 2019

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## Hi Didi and Baya lak .....

Very good morning, How are you? I am so excited that what will we learn today? That's why I am very happy. Yesterday I was very astonished and shocked because our school principal calling us questions that are you happy. We all said that yes. In the morning, first didi and bayan divided into six groups. In the some groups there were five and six members. In our groups two boys and three girls. We ~~got~~ got a title of story is Domination. That title was very straightforward for us. Because we all knew the meaning of domination. We all making together then suddenly I was got angry. At that time I was closed but I realised that I done very big mistake. After that we started writing a story. A moment was gone very well and nice.

Your student  
Kasi Pungge

Ran

Dear sister and brother

Hey! Today I am very happy because you both came and taught us very nice. First we play games. ~~of~~ And after that time we decision our dreams about. Then we enjoyed the day. I learned so ~~morning~~ many things in this morning. Thank so much. We also learning about the kindness, compassionate and sympathies. I wishes that you both are enjoying with my classmates.

Thank so much that you are visite our school. We spent half day of with you that day I am very ~~pop~~ happy.

Your student  
Kasi Pangge

Ram  
20<sup>th</sup> Aug, 2019

20 Aug (a)



Dear Sister and brother.

Thank you for coming here and teaching us with full of joy. You two have made our whole class as happy class. I have also known so many about this. Also I got so many opportunity, to share our feeling and our dream. I have so many happy with this so I want to say thanks from all of school students. Because of you two all of our class students were participate very well. And also I have very happy with our drawing the picture of our own dream. Also thanks for sister that you have sung ~~sosuch~~ as singer. I want to say that you are very good in singing with beautiful voice.

Your student  
Lobsang Tsokphel

22<sup>nd</sup> Aug. 2019

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Dear

Brother, Sister.

Today I am happy because my hand are doing so many works such as writing that was my hand exercise. And I learn some new things like how we we shoot write story and that is real happened in my life.

And we can make our story book and making some strong points and some good story book that is really happen in your life. from that I understand that during when I am small my parents got lots of problems and I have got almost many problems.

Thank you for that what is my knew about my parents problems and my problems so I knew about my childhood problems.

THANK YOU!!!

By = Nitin Kumar.

22nd Aug' 2019

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Dear Brother Sidhart and sister Simithi,

Its so nice day so and I learnt few new words and things. Also my confidence is become good and today its so nice to make a story of (hadrid) word. and drama is so nice.

Its first time for me to act a group drama on the only single word and the drama is not so well performed by us because we didn't get so much time to practice and ~~so~~ Thank you for giving us opportunity to improve us. also the movie is good with full of moral. So thank you for giving us these opportunities. Thank you a lot for spending us your precious time and Thank You!

Thank you!!!

Dear Brother  
AND Sister.  
from your friend.  
Ngawang Norbu. They mother.  
Sign.

Today I have learnt that Actor have to need so many qualities like listening, compassion, thinking power, dancing and many etc.

If Actor we have to see the Environment and you have to relies the moto emotion not physical.

Actor must care (him or her)self. Imagination

Imagination is also need for actor.

Acting is not about journey it's showing Emotion, Problem when to face. against it.

NAME = Pema Blomdo.

Dear Friends

You two are very good friends for us. Also you two are very funny and enjoying person. I enjoy a lot with you both. Thank you for being with us. We learn something from that short video. I had learn to never Never give up. Today on way I have learnt somenew things. Today the story writing was a very good activities as we have know that the story was very good for us. Thank you a lot acha and eeso chocho. The day we met I have learnt lot of thing. thank you so much for being with us.

THANK  
YOU

Sonam Gomex

22<sup>nd</sup>, Aug 19

23rd Aug, 2019

DEAR Friend,

Today we enjoy so much ~~as~~ by going outside the school and looking ~~around~~ around ~~the things~~. We love it very much. And we play a role on "Adventer of Learner" And I will ~~not~~ know know my class 8'B' as 8'B' Actors for life. We love you two very much. Thank you for telling us how to do drama. But I am sorry because we didn't act the role beautiful. And I will try my best to do it.

Tenzin Choedon C'

Gul



Dear Dhidhi and Bhaya

20<sup>th</sup> Aug, 2019

Today at first I was very excited when

Principal take a us to here. And You did

very many activities and dramas and

sing a song. We all enjoy so much and

we are happy to be with you two. You

two are doing so good thing. And for tommorow

we will ~~act~~ act drama and sing a song

by one each people. And for today I enjoyed

very much and I feel very happy to

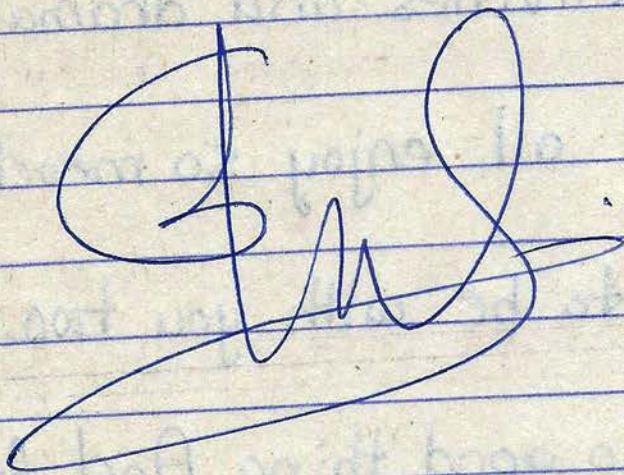
do activies ~~with~~ with you two. And we know that

we ~~can~~ have our own strength and talent.

~~Shubh~~



We made so much fun and I thank you  
two to make the day good and happy and  
enjoyable. My name is Tenzin Choedon 'C'.

A handwritten signature in blue ink, appearing to read "Tenzin Choedon".

Dear Didi and Bhiya

Today since from 9:00am to 1:00pm you have taken workshop I have learnt so many things from both of you as I have learnt that how to be equal both girls and boys and I also learnt that richness is not only depend of money but also depend on ideas and aspirations and I have also learnt that to success the dream one or goal we need to be confident not shyness nor courage so I shall be very grateful of both of you two and

So, tomorrow we shall do on  
making sounds or etc

Dgaw Tenzin Ngawang  
20th Aug, 2019

tu  
23. Aug 2019

Dear Sister,

Today I am so happy do you know? now I explain OK. after the assemble our class mate go the phunshok Deshi hall and do some activity and then we make two group so, I am join in THEATRE Group. we went to open stage and we discuss on how to make drama. and later we went to just resource out of gate. we all walk out of gate. at that time we saw lots of things and other Indian people They do difference work. Some are making the house and some are work in farm. they all are take difference work at last we reach one small school and there some boys they said why are you all come in our place also said it is our own place we lived so there some minute after wet we all are came back to our school. one the shop and ten-choedon bought some chegum and give to us. so, today is my feel so glad.

Ten-Sangmo

Ten

My man and sir.

I think my day was never west as you both taught us very many interesting things. And my whole day was gone with joyfull and item very happy. I have learnt many things And also make me felt more confident and builded my courage. Thank you I will never forget that that we spended two whole day with you both.

Ten-Jelmer.

22<sup>nd</sup> Aug 2019

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# HI.... ACHA AND CHOCHO

Today by watching the short beautiful movie. I learnt how to see a story and never giving up. By playing drama we learnt that how to play and by writing story and sharing feelings in group make me very proud and happy. By drawing and sharing story to classmate made me very very happy. I love to be in this workshop.

Tarun kumar

Tarun

## DEAR DHIDI AND BHAYA (FRIENDS)

You two help us very much like giving us confident to come on the stage and courage us. We enjoy very much and I know my own real goals and my dreams. I know my self as well and know the other person too. We know our skill and ~~talent~~ talent that are hiding behind our self. I know that every one can do whatever they want if they have thought they can do it. So I ~~to~~ thank You very much for making us happy and joyful. You tell us how to enrich and how to see a story. And we love ❤ You very much.

Tenzin Choedon.  
Gul.

Dear my loveliest Snritee di and Sidhart Bhaiya!

I think I must start my letter with the word "Thank you and love you". Do you know how much I had changed by the support of your activities and every thing. And I heard ~~tomorrow~~ tomorrow you were going, I think it's wrong. Anyway I love your actions and your voice and your activities. I love you both. You ~~were~~ were my best friends. I wish you will keep it up whole the life.

Love from  
Tennu Choden (The dancer)

by  
Nafis

~~20/August/2014~~

Dear Sister and brother

Today I am so happy that I understood so many things today. And I really want to thank you. And at first with a single line last with a sitting small circle I know so many different things which I even didn't think so. And I also know about my friends what they need. Also we ~~would~~ stay this a day happily with u. And I even know some story's and games and songs and main what I want so I really want to thank you two. And also making dance and steps I become so happy and enjoyed this day a lot. And I also think that you also have enjoyed this day with ~~days~~ us.

Your student  
Tenzin Chwedon<sup>71</sup>

Xendox

Dear Didi and Bhaiya.

Today you both had did a wonderful activity as through this we know ourselves better and it helps us to communicate better in class and we learnt how to make a story on our own base and ~~that~~ we learnt how to be confident rather than being ~~courage~~ courage and we also know what is the role of main characters in story and we also learnt that ~~what~~ what will happen if we overcome the limitation of ~~of~~ your own.

Thankyou

Tenzin Ngawang

21<sup>st</sup> Aug, 2019

~~20 Aug 2019~~

Tenzin Sangye

Class - 8 B'

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Dear Sister and Brother,

Today, was the greatest day I ever had than back there at Aavishkaar.

From 9:00 am to 1:00 pm. I have learnt much about how to be equal, and always have a dream and also a energy. From ~~now~~ 9 to 1, I ~~was~~

love that everyone sings a song everytime. One thing I am also

good at singing. And today I learn how to be ~~connected~~ standing up all the time when

get a opportunity. It was so great meeting you guys again.

To dear sister and brother-

23<sup>rd</sup> Aug 2019

It has been many days we had been doing many activities. Both of you has taught us many important lessons in our life. Since many days we had been learning how to talk with others, which was not in me before but I have now. I used to think what will others say when I speak or sing. But I dont have now that feeling. Both of you makes us interested in such activities which we were not interested before. And both of you are very smart and also makes us smart and hope by yours & activities we can change India and also think big. And I also thank again for both of you to join us in our school and share and teach us your activities and I dont have much to say with my kindly heart. Thank You and sorry for whatever unliking ~~things~~ things we had done.

From your obedient participant

Ferring Hopyyd  
Sri Jay

Dear Sister,

Today I am very happy because you gave so many activity and gave a confident to those student who were shy to stand in front of many people. You also introduction of your self and you also know our name by introduce. Also thankful that also we dance and draw about own dreams. I also wrote a four dreams that are footballer, ~~basketball~~, cricketer, singer and businessman. So I learnt so many lesson from you.

Your Sincerely  
Yeshi Dorjee

20<sup>th</sup> Aug. 2019



